



Adult Personal History Form

Name _____ Date _____ Reviewed _____

Birth Date _____ Age _____

Please list all allergies to food and medicine _____

Please indicate if you now have or have had the following medical conditions:

	No	Yes		No	Yes		No	Yes
Tuberculosis	_____	_____	High Blood Pressure	_____	_____	Diabetes	_____	_____
Chest Pain	_____	_____	Asthma	_____	_____	Hemorrhoids	_____	_____
Chronic Cough	_____	_____	Alcoholism	_____	_____	Glaucoma	_____	_____
Elev. Cholesterol	_____	_____	Headaches	_____	_____	Heart Attack	_____	_____
Edema	_____	_____	HIV/AIDS	_____	_____	Obesity	_____	_____
Bleeding Disorders	_____	_____	Cancer	_____	_____	Venereal Disease	_____	_____
Seizures	_____	_____	Constipation	_____	_____	Kidney Stones	_____	_____
Rheumatic Fever	_____	_____	Arthritis	_____	_____	Thyroid Disorders	_____	_____
Injuries	_____	_____	Emotional (Nerves)	_____	_____	Hepatitis Jaundice	_____	_____
Other _____								

List all medications (prescription and over the counter) you are currently taking: (dosage & frequency)

My last Tetanus shot was _____ Flu Shot _____ Pneumonia _____ Other _____

I exercise (type and frequency) _____

I wear seat belts while driving or riding ___ Always ___ Usually ___ Often ___ Occasionally ___ Never

I drink caffeinated beverages: coffee, tea, soda ___ Always ___ Usually ___ Often ___ Occasionally ___ Never

Do you smoke? No _____ Yes _____

If yes, list the number of packs per day _____

List the number of years you have smoked _____

List previous hospitalizations for medical problems, state reason for hospitalization and dates:

List previous surgeries and dates: _____

Date of last colorectal cancer screening, i.e. colonoscopy, sigmoidoscopy _____

Where was it done _____

Men: Last testicular exam _____ Last prostate exam _____

Women: Age at last period _____ Date of last period _____

Family History of Breast Cancer ____ Yes ____ No

List any problems associated with periods of pregnancies _____

List number of pregnancies ____ Miscarriages ____ Abortions ____

Type of birth control used _____

Last pap was on (date) _____ Where done _____

Last mammogram was on (date) _____ Where done _____

Do you drink any type of alcoholic beverages Yes ____ No ____

If yes, indicate the number and type (cans, glasses, bottles) of drinks per week _____

Do you use any type of street drugs, i.e. marijuana, cocaine, etc. No ____ Yes ____

If yes, please list: _____

FAMILY HISTORY

Please indicate with a check any of the following medical problems within your family history:

M = Mother F = Father S/B = Sister/Brother GP = Grandparent A/U = Aunt/Uncle

	M	F	S/B	GP	A/U
High blood pressure					
Allergy/Asthma					
Heart Attack					
Diabetes					
Elevated Cholesterol					
Cancer					
Arthritis					
Kidney Stones					

	M	F	S/B	GP	A/U
Bleeding disorders					
Stroke					
Obesity					
Alcoholism					
HIV/AIDS					
Glaucoma					
Seizures					
Thyroid disorders					

Patient Signature _____ Date _____