

Mat Su Health Service, Inc

Review of Systems

Please check the box next to symptoms you are currently having or that are related to the reason you are visiting today

Constitutional Symptoms

- Abnormal activity level
- Chills
- Fatigue
- Fever
- Headaches
- Loss of appetite
- Night sweats
- Sleep disturbances

Eyes

- Redness
- Discharge
- Swelling
- Itchy eyes
- Eye pain
- Loss or blurring of vision
- Double vision

Ears, Nose, or Throat

- Dizziness
- Vertigo
- Ear drainage
- Ear pain
- Hearing loss
- Ringing in ears
- Nasal discharge
- Nasal obstruction
- Nose bleeds
- Sinusitis
- Hoarseness
- Sore throat
- Sores in mouth
- Tooth/Gum trouble
- Difficulty swallowing

Cardiovascular

- Blue lips/Grey spells
- Fainting spells
- Heart palpitations
- Swelling of ankles
- Chest pain:
 - at rest
 - on exertion

Respiratory

- Cough
- Croupy cough
- Wheezing
- Sputum
- Hemoptysis
- Nocturnal dyspnea
- Rapid breathing
- Snoring
- Shortness of breath
 - lying down
 - on exertion

Gastrointestinal

- Abdominal pain
- Anorexia
- Bloating
- Constipation
- Diarrhea
- Vomiting blood
- Hemorrhoids
- Indigestion or heartburn
- Yellow skin
- Black/tarry stools
- Nausea
- Change in bowel habits
- Abnormal stool
- Pain when eating fatty foods
- Vomiting

Genitourinary

- Genital warts
- Change in sexual activity
- Pain with urination
- Frequent urinating
- Blood in urine
- Herpes
- Incontinence

Male specific

- Change in urinary stream
- Dribbling
- Erectile dysfunction
- Testicular pain or swelling
- Urethral discharge

Female specific

- Abnormal period
- Breast lump
- Breast pain or discharge
- Cramping
- Painful periods
- Pain with intercourse
- Spotting between periods
- Menopausal symptoms
- Pelvic pain
- Vaginal discharge
- Vaginal itching

- Use birth control
what kind?

Date of last period: _____

Integumentary

- Acne
- Birth marks
- Change in moles
- Changes in hair pattern
- Eczema
- Itching
- Lumps
- Flaking and itching of scalp
- Dry skin
- Rash
- Non-healing sores

Neurological

- Blackouts
- Head trauma
- Headache
- Weakness in a specific area
- Memory loss
- Paralysis
- Numbness
- Seizures
- Tingling
- Tremors

Turn over to Complete

Name:

Mat Su Health Service, Inc

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Musculoskeletal

- Back pain
- Body aches
- Neck pain
- Joint pain
- Joint stiffness

Indicate location:

- Limitation of movement _____
- Muscle pain _____
- Muscle weakness _____
- Sciatica _____
- Swelling _____
- Muscle spasms _____

Psychiatric

- Anorexia
- Bulimia
- Anxiety
- Change in sleep pattern
- Compulsions
- Depression
- Difficulty focusing
- Disturbing thoughts or feelings
- Emotional
- Irritable
- Crying easily
- Hyperactivity
- Moodiness
- Obsessive thoughts
- Suicidal thoughts or attempts

Endocrine

- Change in menstrual cycle
- Cold intolerance
- Excessive sweating
- Excessive thirst
- Heat intolerance
- Pigmented moles
- Excessive thirst
- Excessive eating
- Excessive urination
- Sleep disturbance
- Weight gain
- Weight loss

Hematologic/Lymphatic

- Abnormal bleeding
- Nose bleeds
- Anemia
- Bruises easily
- Swelling of lymph glands
- Past transfusions

Allergic/Immunologic

- Allergy symptoms
- Itchy eyes
- Itchy nose
- Rashes
- Red eyes
- Sneezing
- Swollen eyes
- Wheezing

Overall I would rate my health as:

- Excellent
- Good
- Fair
- Poor

Men:

Last prostate exam

- N/A
- 6mths
- 1yr
- 1-2 yr
- 3+yr
- Never

Women:

Last mammogram

- N/A
- 6mths
- 1yr
- 1-2 yr
- 3+yr
- Never

Last pap smear

- N/A
- 6mths
- 1yr
- 1-2 yr
- 3+yr
- Never

The primary problem that I would like to talk about today is...

Provider signature

Date reviewed

Name: