

ALASKA SCREENING TOOL

Client Name: _____ Client Number: _____

Staff Name: _____ Date: _____

Info received from: (include relationship to client) _____

Please answer these questions to make sure your needs are identified. Your answers are important to help us serve you better. If you are filling this out for someone else, please answer **from their view**. Parents or guardians usually complete the survey on behalf of children under age 13.

SECTION I – Please estimate the number of days in the **last 2 weeks**

(enter a number from 0-14 days):

0-14 days

1. Over the last two weeks, how many days have you felt little interest or pleasure in doing things?..... _____
2. How many days have you felt down, depressed or hopeless?..... _____
3. Had trouble falling asleep or staying asleep or sleeping too much?..... _____
4. Felt tired or had little energy?..... _____
5. Had a poor appetite or ate too much?..... _____
6. Felt bad about yourself or that you were a failure or had let yourself or your family down? _____
7. Had trouble concentrating on things, such as reading the newspaper or watching TV? _____
8. Moved or spoken so slowly that other people could have noticed?..... _____
9. Been so fidgety or restless that you were moving around a lot more than usual?..... _____
10. Remembered things that were extremely unpleasant?..... _____
11. Were barely able to control your anger? _____
12. Felt numb, detached, or disconnected?..... _____
13. Felt distant or cut off from other people? _____

SECTION II – Please check the answer to the following questions based on **your lifetime**.

14. I have lived where I often or very often felt like I didn't have enough to eat, had to wear dirty clothes, or was not safe Yes No
15. I have lived with someone who was a problem drinker or alcoholic, or who used street drugs Yes No
16. I have lived with someone who was seriously depressed or seriously mentally ill Yes No
17. I have lived with someone who attempted suicide or completed suicide Yes No
18. I have lived with someone who was sent to prison..... Yes No
19. I, or a close family member, was placed in foster care Yes No
20. I have lived with someone while they were physically mistreated or seriously threatened..... Yes No
21. I have been physically mistreated or seriously threatened Yes No
 - a. If you answered **"Yes"**, did this involve your intimate partner (spouse, girlfriend, or boyfriend)? Yes No

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SECTION III – Please answer the following questions based on your lifetime. (D/N = Don't Know)

22. I have had a blow to the head that was severe enough to make me lose consciousness Yes No D/N

23. I have had a blow to the head that was severe enough to cause a concussion . Yes No D/N

If you answered "Yes" to 22 or 23, please answer a-c:

a. Did you receive treatment for the head injury? Yes No

b. After the head injury, was there a permanent change in anything? Yes No D/N

c. Did you receive treatment for anything that changed?..... Yes No

24. Did your mother ever consume alcohol? Yes No D/N

a. **If Yes**, did she continue to drink during her pregnancy with you? Yes No D/N

SECTION IV – Please answer the following questions based on the past 12 months.

25. Have you had a major life change like death of a loved one, moving, or loss of a job? Yes No

26. Do you sometimes feel afraid, panicky, nervous or scared? Yes No

27. Do you often find yourself in situations where your heart pounds and you feel anxious and want to get away? Yes No

28. Have you tried to hurt yourself or commit suicide? Yes No

29. Have you destroyed property or set a fire that caused damage?..... Yes No

30. Have you physically harmed or threatened to harm an animal or person on purpose? ... Yes No

31. Do you ever hear voices or see things that other people tell you they don't see or hear? Yes No

32. Do you think people are out to get you and you have to watch your step?..... Yes No

SECTION V – Please answer the following questions based on the past 12 months.

33. Have you gotten into trouble at home, at school, or in the community, because of using alcohol, drugs, or inhalants? Yes No

34. Have you missed school or work because of using alcohol, drugs, or inhalants? Yes No

35. In the past year have you ever had 6 or more drinks at any one time? Yes No

36. Does it make you angry if someone tells you that you drink or use drugs, or inhalants too much? Yes No

37. Do you think you might have a problem with alcohol, drug or inhalant use?..... Yes No

THANK YOU for providing this information! Your answers are important to help us serve you better.