

## SUPREP COLONOSCOPY PREPARATION

PATIENT:

DATE:

ARRIVAL TIME

LOCATIONS:                   ENDOSCOPY CENTER OF DELAWARE; CHRISTIANA HOSPITAL;  
  WILMINGTON HOSPITAL GI LAB

**If you take Plavix (clopidogrel), Effient (prasugrel), Brilinta (ticagrelor), Ticlodipine, Persantine (dipyridamole), Pletal (cilostazol), Aggrenox, Agrylin (anagrelide), Coumadin (warfarin), Jantoven (warfarin), Lovenox (enoxaparin), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban) or any other medication which has been classified as a blood thinner please contact our office for special instructions at least 7 days before your procedure.**

**Purchase at the pharmacy:**

Suprep Bowel Prep Kit

**One Week Prior to the Exam:**

Discontinue iron supplements

**Five Days Prior to the Exam:**

Avoid seeds, nuts, corn, and any other forms of high fiber (whole wheats).

**One Day Prior to the Exam:**

BEGINNING 24 HOURS BEFORE OUR PROCEDURE, DO NOT EAT ANY SOLID FOOD. You can eat plain jello, as long as it is not red. YOU MAY DRINK ONLY CLEAR LIQUIDS that you can see through, such as water, tea, fruit juices (without sediment no orange juice), broth, or carbonated beverages such as Sprite, Coca Cola, Pepsi, or ginger ale. You may also drink coffee without milk.

At 6:00pm do as follows:

Step 1: pour on 6-ounce bottle of Suprep liquid into the mixing container

Step 2: Add cool drinking water to the 16-ounce line on the container and mix.

Step 3: Drink ALL the liquid in the container

Step 4: You must drink two (2) more 16 ounce containers of water over the next hour.

**Day of the Exam:**

Four hours prior to your arrival time follow steps 1-4 again as above

YOU MAY TAKE YOUR MEDICATIONS WITH A SMALL AMOUNT OF WATER AT LEAST 2 HOURS PRIOR TO YOUR ARRIVAL TIME. DO NOT EAT OR DRINK ANYTHING (EVEN A SIP OF WATER), CHEW GUM, OR USE HARD CANDY IN THE 2 HOURS PRIOR TO YOUR ARRIVAL TIME. FAILURE TO FOLLOW THE ABOVE COULD RISK YOUR PROCEDURE BEING CANCELLED BY ANESTHESIA.

On the day of the procedure you must arrange for transportation with a responsible adult, as you will be receiving general anesthesia for the procedure. Public transportation, i.e., taxi or bus, is not acceptable.

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Vomiting is not an uncommon reaction to these laxatives. If vomiting occurs less than one hour after you take your laxative, please stop for one hour then resume slowly. If you have vomiting more than one hour after you take your laxative, your preparation will be fine.

Failure to show for your appointment or less than 48-hour notification of cancellation may result in a charge of \$100.00 not payable by your insurance company.