

**COLYTE COLONOSCOPY PREPARATION
(Prep C)**

PATIENT: _____

DATE: _____ **ARRIVAL TIME:** _____

LOCATION:

If you take Plavix (clopidogrel), Effient (prasugrel), Brilinta (ticagrelor), Ticlodipine, Persantine (dypridamole), Pletal (cilostazol), Aggrenox, Agrylin (anagrelide), Coumadin (warfarin), Jantoven (warfarin), Lovenox (enoxaparin), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban) or any other medication which has been classified as a blood thinner please contact our office for special instructions at least 7 days before your procedure.

Purchase at the pharmacy:

**Four dulcolax laxative tablets
Colyte/Golytely/Nulytely (prescription)**

**One Week prior to the Exam:
Discontinue iron supplements**

Five Days prior to the Exam:

Avoid seeds, nuts, corn, and any other forms of roughage or fiber. Do Not take Metamucil/Citrucel.

One Day prior to Exam:

Add lukewarm drinking water to fill mark (4 liters) on colyte/Golytely/Nulytely bottle. Do not add any other ingredients, flavors, or soft drinks. Cap bottle securely and shake vigorously several times to be sure that the ingredients are dissolved. Put solution in refrigerator. It is much more palatable if it is chilled prior to drinking.

Beginning 24 hours before your procedure, DO NOT EA ANY SOLID FOOD. You can eat plain jello, as long as it is not red.

You may drink only clear liquids that you can see through, such as water, tea, fruit juices (without sediment – no orange juice), broth, or carbonated beverages such as Sprite, Coca Cola, Pepsi, or ginger ale. You may also drink coffee without milk.

AT 3:00 pm take four dulcolax laxative tablets

AT 5:00 pm begin drinking Colyte/Golytely/Nulytely. Drink one 10 oz. glass of solution every 20 minutes. Continue drinking until the entire contents (4 liters) have been consumed.

Day of Exam:

YOU MAY TAKE YOUR MEDICATIONS WITH A SMALL AMOUNT OF WATER AT LEAST 2 HOURS PRIOR TO YOUR ARRIVAL TIME. DO NOT EAT OR DRINK ANYTHING (EVEN SIPS OF WATER) CHEW GUM, OR USE HARD CANDY IN THE 2 HOURS PRIOR TO YOUR ARRIVAL TIME. FAILURE TO FOLLOW THE ABOVE COULD RISK YOUR PROCEDURE BEING CANCELLED BY ANESTHESIA.

On the day of the procedure, you must arrange for transportation with a responsible adult, as you will be receiving general anesthesia for the procedure. Public transportation, i.e., taxi or bus, is not acceptable.

Vomiting is not an uncommon reaction to these laxatives. If vomiting occurs less than one hour after you take your laxative, please stop for one hour, then resume slowly. If you have vomiting more than one hour after you take your laxative, your preparation will be fine.

Failure to show for your appointment or less than 48-hour notification of cancellation may result in a charge of \$100.00 not payable by your insurance company.