

**INSTRUCTIONS FOR MEDICATIONS
BEFORE A PROCEDURE**

BLOOD THINNERS

Please DO NOT stop ASPIRIN

if you are taking:

- Plavix (clopidogrel), Effient (prasugrel), Brilinta (ticagrelor), ticlopidine, Persantine, Pletal (cilostazol), Aggrenox (dipyridamole), Agrylin (anagrelide)
- Coumadin (warfarin), Jantoven (warfarin), Lovenox (enoxaparin)
- Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban)
- or any other medication which has been classified as a ***blood thinner***

Contact our office at least seven (7) DAYS prior to your procedure for instructions regarding when to stop these medications. If you stop a medication unnecessarily or too early this could increase your risk for a heart attack, stroke. If you do not follow the instructions regarding the timing of discontinuation there may be increased risk of bleeding from your procedure, or result in a cancelled or repeat procedure.

DIABETES

If you take diabetes medications, please take 1/2 the dose the day prior to your procedure and hold the morning of your procedure. If your sugar is low during bowel preparation, take a *clear*liquid such as apple juice to increase sugar levels

HIGH BLOOD PRESSURE/OTHER CARDIAC MEDICATIONS:

Take blood pressure or your other cardiac medications at least two (2) hours prior to your procedure with a small sip of water.

IRON SUPPLEMENTS:

Please discontinue seven (7) days prior to procedure.

If you have any questions please feel free to contact the office at (302)738-5300.

**Endoscopy Center Of Delaware is located at
1090 Old Churchman's Road, Newark DE 19713**