

*Gastroenterology
Associates*



ERCP PREPARATION

Date: _____ Arrival Time _____

Place of Service: **Christiana Hospital GI Lab**

If you take Plavix (clopidogrel), Effient (prasugrel), Brilinta (ticagrelor), Ticlodipine, Persantine (dipyridamole), Pletal (cilostazol), Aggrenox, Agrylin (anagrelide), Coumadin (warfarin), Jantoven (warfarin), Lovenox (enoxaparin), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Savaysa (edoxaban) or any other medication which has been classified as a blood thinner please contact our office for special instructions at least 7 days before your procedure.

If you are a diabetic, please check with our office regarding your medications. DO NOT take your oral diabetes medication or insulin the day of the procedure. It is OK to take any other medications (blood pressure, heart, etc.) with sips of water before 6 am if needed.

You may eat your regular diet until midnight of the day prior to your procedure. If your procedure is scheduled in the morning, you should have nothing to eat or drink after midnight prior to your endoscopy. If your procedure is scheduled in the afternoon, up to four hours prior to your procedure you may have a clear liquid breakfast (water, tea, coffee (without milk), strained fruit juice without pulp (apple, white grape, lemonade), plain Jell-O (without fruits or toppings, avoid red or purple Jell-O), clear broth or bouillon, Gatorade, carbonated and non-carbonated soft drinks, Kool-Aid (or other fruit flavored drinks) and ice Popsicles. This is so your stomach will be empty at the time of your procedure. ****No gum, candy, mints, etc.****

You must arrange for transportation, as you will have anesthesia for the procedure. Your driver must remain at the facility with you during your procedure.

Failure to show for your appointment or less than 72 business hours notice of cancellation may result in a charge of \$100, NOT payable by your insurance company.

If you have any questions or problems with the prep, such as vomiting, please do not hesitate to contact the office at (302)738-5300 between 9 am and 4:30 pm, or the on-call doctor after hours.