



PREPARATION FOR EGD (ESOPHAGOGASTRODUODENOSCOPY)

Please read and follow instructions. Failure to comply may result in the Cancellation of your procedure.

Patient:

Date:

Arrival Time:

Place: Endoscopy Center of Delaware

1. If you are a diabetic, please check with our office regarding your medications. DO NOT take your oral diabetes medication or insulin the day of the procedure. It is OK to take any other medications (blood pressure, heart, etc.) with sips of water at least 2 hours prior to your arrival time at the Endoscopy Center.
2. You may eat your regular diet until midnight of the day prior to your procedure. If your procedure is scheduled in the morning, you should have nothing to eat or drink after midnight prior to your endoscopy. If your procedure is scheduled in the afternoon, up to four hours prior to your procedure you may have a clear liquid breakfast (water, tea, coffee (without milk), strained fruit juice without pulp (apple, white grape, lemonade), plain Jell-O (without fruits or toppings, avoid red or purple Jello-O), clear broth or bouillon, Gatorade, carbonated and non-carbonated soft drinks, Kool-Aid (or other fruit flavored drinks) and ice Popsicles. This is so your stomach will be empty at the time of your procedure.
3. **DAY OF EXAM TAKE YOUR MEDICATIONS EXCEPT ORAL DIABETES MEDICATIONS WITH A SMALL AMOUNT OF WATER AT LEAST 2 HOURS PRIOR TO YOUR ARRIVAL TIME. DO NOT EAT OR DRINK ANYTHING (EVEN SIPS OF WATER) IN THE 2 HOURS PRIOR TO YOUR ARRIVAL TIME. FAILURE TO FOLLOW THE ABOVE COULD RISK YOUR PROCEDURE BEING CANCELLED BY ANESTHESIA.**
4. **IF YOU ARE A CURRENT SMOKER PLEASE REFRAIN FROM SMOKING ON THE DAY OF YOUR PROCEDURE**
5. You must arrange for transportation, as you will have anesthesia for the procedure. Your driver must remain at the facility with you during your procedure.

Failure to show for your appointment or less than 72 business hours notice of cancellation may result in a charge of \$100.00, NOT payable by your insurance company.

Egdprep1212