

Skin:

Rash _____
 Itchy _____
 Hives _____
 Eczema _____
 Dryness _____
 Swelling _____

Gastrointestinal:

Nausea _____
 Vomiting _____
 Diarrhea _____
 Pain _____
 Heartburn _____
 Other _____

Food Reaction:

Type _____
 Reaction _____
 How long after ingestion? _____
 How long before gone? _____

Headaches:

Location _____
 Frequency _____
 Nausea _____
 Light sensitivity _____
 Dull pain _____
 Sharp pain _____
 Throbbing pain _____
 Migraines _____

Neurologic:

Balance problems _____
 Numbness _____
 Tingling _____

Immunology:

Immunocompromised _____
 Recurrent fevers _____
 Recurrent infections _____

Other:

Latex allergy _____
 Bee sting reaction _____
 Last chest x-ray _____
 PFT (lung function) _____
 Allergy test in past _____
 Allergy shots in past _____
 Reaction to allergy shots _____
 Last flu shot (date) _____
 Pneumonia vaccine (date) _____

Environment:

Cats _____
 Dogs _____
 Other pets(list) _____
 Feather pillow _____
 Damp in home _____
 Smoker in home _____
 HEPA filter _____
 A/C help/worse _____

Cardiovascular:

Chest pain _____
 Palpitations _____
 Fast heart rate _____
 Swollen ankles _____

Genitourinary:

Painful urination _____
 Frequent urination _____
 Infection (UTI) _____

Hematology:

Anemia _____
 Easy bruising _____
 Swollen glands _____
 Other _____

Endocrine:

Cold intolerance _____
 Heat intolerance _____
 Change in hair _____
 Flushing _____

Musculoskeletal:

Neck pain _____
 Joint pain _____
 Muscle pain _____
 Muscles weak _____

