



## **MyPhysician Associates**

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My goal is to provide a continuum of CARE to you and your family. CARE requires a commitment from us both—a mutual understanding that our long-term relationship will be successful when we base it on

### **Communication**

### **Access**

### **Respect & Education**

### **Communication**

Whether you are talking about your symptoms, your family, your life-style, your values and beliefs, or even your job, you are sharing information with me that is valuable and impacts your total health. As keenly as you listen to me when I provide you with a diagnosis or discuss your overall health status, I will have listened to you. To effectively use the many sophisticated diagnostic technologies available to us today, one must have the master key - I have found the key to be the insights gained from our conversations. Thorough knowledge of your personal history and values is critical to the application of scientifically based clinical care. Understanding you as a whole person enables me to tailor the best approach and treatment for you as an individual



**Yair Melamed, MD**

*American Board Certified in Internal Medicine  
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person. It has been my experience that personalized care is the end result of dynamic, honest, enduring and reciprocal communication.

### **Access**

On the practical side, it is essential that all patients have easy access to their physician. In addition to regular office hours, We offer after 5pm appointments. Ease of access includes same day urgent care visits, and for those who are connected to the Internet, consults by secure E-mail. In the changing environment of health care, access in its broader definition implies not only expeditious contact with me (your primary care physician) but access to specialists at St. Joseph Hospital and if necessary, at the best tertiary care in Boston. My extensive training and experience in Internal Medicine and Cardiology give me the expertise necessary to manage everyday illness routinely seen in the office, as well as to actively participate in high-technology settings, such as Tertiary Care Centers and Intensive Care units. I will carefully orchestrate the management of your care by coordinating the specialist



**When you choose a physician you want to be seen by him/her. At MyPhysician you have that option. Please call for a free interview.**

care you may require and taking a broad view of your needs as a whole.

### **Respect**



I believe that the foundation of our relationship is respect... for you as a person and for your personal dignity. Respect implies a humanistic approach to your care, with appreciation of your individuality and values. I recognize your rights, your ability to make informed choices, and your unique health care needs. My promise to you is that I will represent you and promote your well-being above all other considerations.

### **Education**



Education is another aspect of communication. I encourage you to actively participate in your own medical care, and I will strive to provide you with clear information that will enable you to make educated choices. In addition, I am active in our community, where I frequently lecture on topics regarding wellness, exercise and preventive medicine. Please feel free to ask me any questions you may have, personal or even media-related. I will be happy to answer them. We are partners working towards your wellness, together making informed choices regarding your health and well-being.

**Yair Melamed, MD**