

Arturo Quintanilla, MD

Board Certified Pediatrician

Post-graduate training:

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• DEVELOPMENTAL MILESTONES: 4 - 7 Months.

Fine & Gross motor:

- Reaches with one hand (4 months)
- Uses raking grasp, not pincer grasp (4-5 months)
- Transfers objects from hand to hand (5 months)
- Rolls both ways (5 months)
- Sits with support of hands (6 months)
- Sits without support (7 months)

Visual/Hearing/Language:

- Fully mature color vision and very mature distance vision (6 months)
- Laughing aloud and squeals (5-6 months)
- Babbles chains of consonants, ma-ma-ma, da-da-da, (6-7 months)
- Responds to own name, Responds to "no" (6 -7 months)

Social/Cognitive:

- Explores with hands and mouth (4 months)
- Struggles to get objects out of reach (5-6 months)
- Enjoys social play, interested in mirror images (6 months)
- Responds to other people's expressions of emotion (6 months)
- Begins to show "Stranger Anxiety" (6-7 months)
- Finds partially hidden objects (7 months)

Appropriate toys and activities for this age:

- Soft balls including those with soft and pleasant sounds
- Toys with finger holds or textured toys that make sounds
- Musical toys
- See-through rattles
- Baby books with board, cloth or vinyl pages.
- Activity mats, "baby mat", that show different textures and colors.