

Arturo Quintanilla, MD
Board Certified Pediatrician

Post-graduate training:

Maimonides Children's Center/State University of New York Downstate Medical Center
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• **DEVELOPMENTAL MILESTONES: 4 - 5 Years.**

Gross motor:

- Stands on one foot for 10 seconds
- Swings, climbs, hops and somersaults
- Begins to skip

Fine motor:

- Copies triangle and other geometric bodies
- Draws person with body
- Prints some letters
- Dresses and undresses without assistance
- Uses fork, spoon and sometimes a table knife
- Usually cares for own toilet needs

Social:

- Enjoys to sing, dance and act.
- Aware of sexuality
- Able to distinguish fantasy from reality
- Shows more independence, likely to visit a next door neighbor by himself.

Cognitive:

- Counts 10 or more objects and names 4 colors correctly.
- Knows about every day use in the home: money, food, and appliances.
- Has a good sense of time.

Language:

- Speaks sentences of 6 or more words and knows basic rules of grammar.
- Says name and address
- Uses future tense