

Goodbye Too Soon: Pregnancy Loss

By Dr. March

The loss of a pregnancy represents the loss of a loved one, whether the loss occurs in the first trimester or late in the pregnancy.

Depending on when the loss occurs, there are many reasons and causes. Typically, early or first trimester losses do NOT create a risk for future pregnancies. Normal fertility can usually be expected for couples who have experienced one or even two first-trimester miscarriages. Most women who have had a miscarriage, or even two, typically will get pregnant and carry to term the next pregnancy !!

Most early pregnancy losses are related to a genetic defect in the embryo; one that is typically NOT passed on from a parent and which usually does not recur in the second pregnancy. Testing after one miscarriage usually yields no findings, and the medical standard to begin testing for identifiable reasons is not until after 3 consecutive miscarriages. We at March Ob/Gyn usually start the search after 2, however, and sometimes after the first if circumstances dictate.

RESOURCES:

Some good resources for women who have experienced a miscarriage are:

<http://bbs.babycenter.com>