

**NAME:**  
**DOB:**  
**SSN:**  
**Date:**

**Combat Theatre:** \_\_\_\_\_ **Dates Served:** \_\_\_\_\_

***My experiences in the field include the following:***  
***(Check each that applies)***

- Being attacked or ambushed.**
- Receiving incoming artillery, rocket or mortar fire.**
- Being shot at or receiving small arms fire.**
- Shooting or directing fire at the enemy.**
- Being responsible for death of an enemy combatant.**
- Being responsible for death of a noncombatant.**
- Seeing dead bodies or human remains.**
- Seeing dead or seriously injured Americans.**
- Knowing someone seriously injured or killed.**
- Participating in demining operations.**
- Seeing ill or injured women or children but not able to help them.**
- Being wounded or injured.**
- Being shot or hit, but protective gear prevented death.**
- Having a buddy nearby who was shot or hit.**
- Clearing or searching homes or buildings.**
- Engaging in hand-to-hand combat.**
- Saving the life of a soldier or civilian.**

**Name:**

***I have experienced the following things since returning from combat duty:  
(Please check each that applies)***

- Recurrent and intrusive distressing recollections of combat events.**
- Recurrent distressing dreams of the events.**
- Acting or feeling as if the events were recurring (including a sense of reliving the experiences).**
- Intense psychological distress at exposure to internal and external cues that symbolize or resemble aspects of the combat experience (including smells and particular songs on the radio).**
- Physiological reactivity on exposure to internal and external cues that symbolize or resemble aspects of the combat experience.**
- Persistent avoidance of stimuli associated with combat experience including:
  - Efforts to avoid thoughts, feelings or conversations associated with combat.**
  - Efforts to avoid activities, places and people that arouse recollections of combat.****
- Marked diminished participation in significant events due to crowd avoidance (includes things like eating in restaurants, going to movies or sports events, attending church services).**
- Feelings of detachment and estrangements from others.**
- Restricted range of affects –feeling “flat” inside (difficulties with close family relationships).**
- Persistent symptoms of increased arousal which are the focus of current psychiatric treatment and include:
  - Difficulties falling and staying asleep.**
  - Irritability and outbursts of anger.**
  - Difficulty concentrating.**
  - Hypervigilance.**
  - Exaggerated startle responses.****