

Ophthalmic Plastic & Reconstructive Surgery  
Lacrimal & Orbital Disease

115 East 61st Street  
New York, NY 10021  
Telephone (212) 752-6550  
Fax (212) 758-9361  
www.eyelids.eyemd.org

Dear

We have arranged for your surgery at New York Eye and Ear Infirmary located at 310 E. 14th St New York, NY 10003 on \_\_\_\_\_.

Surgery is scheduled at \_\_\_\_\_ AM/PM on \_\_\_\_\_, and will last approximately \_\_\_\_\_ of hours. If pre-testing, has been **completed**. Please arrive at the hospital, **2 hours** before surgery. If you are to be **medically cleared at the hospital**, please arrive **3 hours** before surgery. You can expect to be discharged one to two hours after surgery.

If you are to receive general anesthesia or sedation, **you must not eat any solid foods** for **8 hours** before surgery. **Nothing may pass through your mouth 3 hours prior** to, your scheduled surgical time. **Prior to 3 hours** you may have one of the following: a full glass of water, a full glass of clear apple juice, a full glass of tea with sugar, or a cup of coffee with sugar (**no milk**). Infants (up to 6 months) may have formula up to 4 hours in clear liquids up to 2 hours prior to surgery. Please note this would be a good time to take any medicines you have been instructed to take.

The day before surgery, the hospital admitting office will contact you regarding the time to arrive at the hospital. If you have not been contacted by 6 p.m., please call the admitting office at (212) 979-4306 up until 10 p.m.

On the day of surgery or the night before, please shower and wash your hair. On the day of surgery do not apply any makeup, cream or aftershave lotion.

Please bring all your insurance identification, picture ID, and check or credit card with you to the hospital admitting office on the first floor upon arrival.

Also bring items for your personal comfort such as robes, slippers and toothbrush. Leave valuables at home. Please arrange to have someone escort you home.

Please call us if you develop a fever or red eye prior to your surgical date. We may need to postpone your surgery.

If you have any questions regarding her surgery or scheduling, do not hesitate to call our office.

Sincerely,

Jonathan P. Shapiro, M.D.