

Toenail Removal Care Instructions

Keep toe dressing clean and dry, **do not remove for 24 hours.**

Stay off of the foot as much as possible, elevate on a stool or recliner.

After 24 hours remove dressing and begin **warm water soaks** four times per day for 15 minutes. Pat toe dry and replace gauze and antibiotic ointment after each soak.

Continue soaks until toe appears healed, usually about 5-7 days.

Keep the toe covered until it appears to be healed.

At any time if you develop the following:

- Increasing redness of the base of the toe or streaking up the foot
- Fever
- Drainage of pus from the wound site

Call our office immediately or go to the emergency department or after hours clinic after hours. 541-686-9000

Be sure to protect the toe while it is healing with a supportive shoe, sandals are not recommended.
