

# Thorrez Medical Practice, PLC

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David C. Thorrez, M.D.  
Kimberly D. Aiken, M.D., Ph.D.  
Debra L. Boyer, M.D.  
Suresh V. Joshua, P.A.-C.

2900 Packard Road, Suite 1  
Ypsilanti, MI 48197  
Telephone: (734) 572-8686  
Fax: (734) 572-8866  
[www.thorrezpediatrics.com](http://www.thorrezpediatrics.com)

Dear Parent(s):

At the initial ADHD appointment in order to allow for the best assessment possible and time to focus on the child present and to answer your questions with undivided attention, we prefer that you do not bring other children. In addition, the staff is not available to babysit children, so any other children brought to a visit need to be in the room with you for their safety.

The medications prescribed for ADD/ADHD need to be carefully and consistently monitored to make sure they are providing the appropriate response with as few side effects as possible. This means that follow-up appointments, to check the medication and its effects, are very important. Initially this schedule will require appointments to be much closer together – 1½ to 2 weeks - when first starting medication and adjusting dosage. If a staff member is not available to schedule the appointment, please call the next morning to schedule the appointment so that we can help the medication continue without breaks. This is a must, since most visits are scheduled 3-4 weeks in advance since Dr. Thorrez's schedule is usually full.

Once a good dose is established, the medication checks need to occur every 3-4 months, unless otherwise specified by Dr. Thorrez. We will not continue to refill medication if the patient has not been seen at the required appointments.

When calling for medication refills, most times you will be transferred to our voicemail system. Please leave the child's name, date of birth, medication(s) to be refilled, dosage, and instructions of how much and how you are giving the medication(s). This helps us to be most accurate in responding to your request. We need 24-48 hours to process the medication refill request. Most medications cannot be called in, have to be picked up or mailed, so please allow enough time for us, and yourself, when calling for a refill. Our office will only call you if there's a problem. If no call has been made to the home, you can call the office to verify the prescription is ready for pick-up. If a medication requires a prior authorization, the insurance company can take 2-3 working days to reach a decision.

By following these policies we can ensure we are providing the best and safest care for your child.

Thank you,  
Thorrez Medical Practice