

Resident/Medical Student/PA/Graduate Nurse
Student Rotation at Mid-America Diabetes Associates

Purpose: To increase understanding of diabetes and the role of the diabetes team in the care of patients with diabetes and other endocrine disorders.

Typically the rotation is initiated with a brief orientation with Lindy Childs, ARNP or another nurse in the practice on the first day of the rotation. If the first day falls on a weekend, please contact Lindy or Dr. Guthrie to determine if you should meet Dr. Guthrie for rounds on Friday or the weekend.

Office location: 200 S. Hillside, Wichita, KS 67211

Office phone: 316-687-3100 (answered Monday through Thursday 8 AM – 4:30 PM)

Clinic Hours: Monday through Thursday 7:30 AM to 4:30 PM

Outreach Clinics: Primarily held on Fridays in
Great Bend, Ks
Liberal, Ks
Colby, Ks
Wamego, Ks
Parsons, Ks and on Thursdays every four months in
Ness City, Ks and
Jetmore, Ks.

Diabetes Education: Typically the first and third weeks of the month, Monday 12:30 PM to 4:30 PM, Tuesday 8:30 AM to 4:30 PM, and Wednesday 8:30 AM to 4:30 PM; class for patients with gestational diabetes is every Thursday from 9 AM to 12 PM; Also a monthly Monday evening series that starts the first Monday of the month for four evenings 6 PM to 8:30 PM.

Clinic Schedule:

MON:	Dr. Guthrie:	8 AM to 12 PM: primarily new pts. Noon to 4PM: Hospital Rounds.
	Lindy Childs ARNP:	9 AM to 4 PM: general diabetes.
	Dr. Challans:	8 AM to 4 PM: new pregnancy and general diabetes.
TUE:	Dr. Guthrie:	8 AM to 3 PM: general diabetes.
	Lindy Childs ARNP:	8 AM to 4 PM: general diabetes.
	Dr. Challans:	8 AM to Noon: general diabetes. Noon to 2PM: Hospital Rounds. 2 PM to 4 PM: general diabetes.
WED:	Dr. Guthrie:	8 AM to 12 PM: primarily diabetes and pregnancy. 1PM to 4 PM: Pediatric Endocrine clinic.
WED (cont)	Dr. Challans:	8 AM to 10 AM: primarily diabetes and pregnancy <u>1st and 3rd Wednesday</u> 1 PM to 4 PM: type 2 DM in children and those at risk.

		<u>2nd and 4th Wednesday</u>
		1 PM to 4 PM: general diabetes.
	Lindy Childs ARNP:	8 AM to 4 PM: general diabetes
THURS:	Dr. Guthrie:	8 AM to 3 PM: children and young adults with diabetes.
	Dr. Challans:	8AM to Noon: general diabetes
		1 PM to 4PM: youth at risk for diabetes and with diabetes.
	Jolene Grothe, ARNP	8 AM to 4 PM general diabetes, sensor starts, new hospital
	Diana Guthrie PhD:	Counseling, Stress management, diabetes

Hospital Patients / Rounds:

If a Resident is on the rotation, the resident will complete the history and physicals and discharge summaries (or supervise this process by the physician assistant students) and initiate medical management of diabetes and other health conditions from the time of admission.

1. Patient assignment to the Resident will occur through the diabetes-attending physician.
2. Daily hospital rounds usually occur over the noon hour and after 5 PM. Friday rounds generally begin at 10:30 AM if the physicians are not on outreach clinic. Saturday and Sunday rounds will be arranged depending on the call schedule. Weekend call is shared with the Wichita Clinic Diabetes and Endocrine physicians. Saturday rounds with Dr. Guthrie are usually between 9 AM and 12 PM. Sunday call is usually after church around 1:30 or 2:30 PM. Dr. Guthrie attends church between 11 AM and 12 PM unless it is an emergency.
3. Dr. Guthrie and Dr. Challans are always available by phone.
4. We have Medical students from KU and occasionally the University of Missouri-Kansas City, PA-Students from WSU, Graduate nursing students from WSU, PharmD students from KU and Creighton, Residents from Family Practice, Peds, and OB.
5. Patient lists may be picked up at the Diabetes Resident's box or physician's box near the doctor's lounges.
6. Have the unit clerk place the name of the Resident on the chart of the patient(s) chart being followed.
7. Significant problems other than diabetes management problems will be consulted to specific specialist.
8. For emergency admissions during the night: the resident will be notified and assignments made.

EXPECTATIONS: Activities

1. 24 hours living with diabetes (optional). We encourage you to do this. See Lindy or Debbie to get started.
2. Attend diabetes clinic and rounds daily.
3. Attend diabetes education program. Variable depending on length of rotation:
 - a. If 3 or more weeks, plan to attend entire patient education program
 - b. If 2 weeks, attend selected classes.
4. Education sessions with Dr. Guthrie or other designee.
 - a. Counseling/Emotional aspects of living with diabetes.

- b. Insulin pumps/glucose sensors.
 - c. Research.
 - d. New medications.
 - e. Children at risk for diabetes.
5. 5-10 minute discussion/presentation by PA student on the last Wednesday morning of the rotation. Discussion is to be of the students choice on a diabetes, other endocrine disorder topic or case presentation. It is an opportunity to do additional reading/research on a topic of interest.
6. Outreach clinics are held in 8 communities. Med Students and PA students are encouraged to attend the outreach clinics with Drs. Diana and Richard Guthrie and Dr Challans. Hotel rooms will be provided if an overnight stay is required. Dates will be discussed at orientation.