



Obstetrics, Gynecology & Infertility, P.A.

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SPECIAL INSTRUCTIONS FOR SURGERY

If you are having surgery that will require a stay in the hospital, you must give yourself a Fleet enema the night before. You must give yourself another enema the next morning if you are being admitted after 8:00 a.m. The Fleet enema is easy to use and may be purchased at any pharmacy.

Please remember to not eat or drink anything eight hours before your surgery. You may brush your teeth in the morning, rinsing your mouth with water, but do not swallow.

Please be sure to arrive at the hospital on time. If you have any doubt about what time you are to go to the hospital, be sure to check with us. If you arrive late, it could delay your surgery. You will need to have someone available to drive you home.

Please discontinue use of aspirin and aspirin products two weeks before surgery. You may use Tylenol.

IMPORTANT INFORMATION ABOUT SURGERY CHARGES AND INSURANCE COVERAGE

Second Opinion: Some insurance plans require that patients obtain a second opinion prior to any surgery or prior to a hospital admission. Please call your insurance company to determine their requirements.

Pre-Certification of Surgery: When we schedule a surgery for you, we call your insurance company to get a certification of medical necessity. **THIS DOES NOT GUARANTEE PAYMENT.** You must call your insurance company's benefits department to check on pre-existing conditions, riders, second opinion requirements, or anything else that might deprive you of coverage for your surgery. If your insurance company denies any charge, you will be responsible for any amount not covered by your insurance policy.

Health insurance is becoming more complex and demanding of our time than ever before. We can not assume anything about your coverage. It is important for you to understand your health insurance benefits before the procedure or surgery takes place so there are no unpleasant surprises afterward. If we work together, we should have most bases covered.

Disability Forms: If you need disability forms and/or letters completed by your physician, please mail or bring them to the office where you are usually seen. We are happy to help you with them, but please give our office staff a few days to complete and mail/fax out the forms or letters. We cannot complete them on the same day that they are brought into the office.

6405 France Avenue S., #W400
Edina, MN 55435
Phone # 952-920-2730
Fax # 952-567-7090

Located in:
Minnesota Heart & Vascular Center
(Building next to skyway)

9550 Upland Ln No., # 230
Maple Grove, MN 55369
Phone # 763-255-3400
Fax # 763-255-3490

Located in:
Grove Health Building

3366 Oakdale Avenue N., #305
Robbinsdale, MN 55422
Phone # 763-588-0703
Fax # 763-588-7792

Located in:
Oakdale Medical Building