Dr. Bruce Sabin and Primo Salon and Spa offers Intense Pulsed Light (IPL) Laser for photofacials, hair removal, sun-damaged and aging marks, blemishes, acne, skin imperfections, veins and many other benign skin issues.

Also, Dr. Sabin now has a Ng-Yag laser therapy for effective, safe, painless treatment of nail fungus.

Top it all off with a few Botox injections to tighten up the facial muscles and eliminate wrinkles and frown lines.

Confidence in your own skin translates to confidence in yourself!
**Intense Pulsed Light [IPL] skin rejuvenation**

Intense Pulsed Light or IPL technology is a treatment breakthrough that can correct a variety of benign skin conditions, such as facial skin imperfections, the signs of photo-aging, birthmarks, unwanted hair, unsightly small veins, acne and other blemishes. It is a safe, non-invasive solution that can be tailored to your individual condition and skin type, providing superior cosmetic results and outstanding satisfaction.

IPL or *Intense pulsed light* is a broadband light within the visible spectrum. It is a very bright light within wavelengths of about 500 to 1200 nm. It filters out light energy below and above certain wavelengths and delivers light in very short bursts [in millisecond duration]. We can use a computer to set the light energy, duration and pulses depending on desired treatment effect, your unique skin type and area of the body being treated. IPL does not contain harmful UV light and is a very safe, effective and established treatment for a number of conditions mentioned here.

**IPL or laser for skin rejuvenation?**

IPL is unmatched for complexion blending and brightening. It targets a variety of skin imperfections simultaneously and gently. Lasers are high powered precision tools. We use lasers when targeting wrinkles, deep pigment, large blood vessels and skin laxity.

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**IPL™ at Work**

Red blemishes from broken blood vessels and brown spots of pigment from sun damage respond to Intense Pulsed Light. The light is changed to heat energy as it reaches to the level of the collagen beneath the skin surface.

IPL treats the damaged superficial layer of the skin, while delivering thermal energy to deeper tissue. Clinical studies support a positive effect on collagen production, which helps firm and tighten the skin.


**IPL Photo Facial™ Rejuvenation**

Dr. Bruce Sabin performs IPL Rejuvenation for patients to combat the effects of aging and damaged skin in a softer, gentler way. The redness and flushing of rosacea can be reduced 80 - 90 percent. It can be used to treat the full face, neck, chest and even the hands.

Using the advanced IPL system, your doctor gently delivers precise amounts of light energy through your skin's surface. Treatments are spaced at 3 week intervals. The energy is delivered at specific settings for each treatment to maximize your results.

The light energy stimulates the production of collagen. As the new collagen forms, it softens the appearance of aging skin. Fine lines and wrinkles are decreased. The redness associated with rosacea can be dramatically reduced. Brown spots are reduced or eradicated.

**How do IPL Photo Facial Rejuvenation treatments work?**

Today's new light technology delivers precise dosages of energy to the skin. During your treatment, light energy is gently delivered through a special handpiece to the targeted area. Levels of energy specific to your treatment are used to maximize your improvement. Once delivered, the light energy is absorbed by the targeted damaged tissue.

**How many treatments will I need?**

Depending on the area treated, there will be a series of 4 - 8 treatments. Treatments usually take from 15 - 30 minutes and are administered in the doctor's office.

**Does IPL Photo Facial Rejuvenation hurt?**

It can be uncomfortable, so topical anesthesia can be applied to minimize the pain. After treatment, there is no discomfort or downtime.

**Who are the best candidates for IPL Photo Facial Rejuvenation?**

The best candidates have:

- Red, flushed faces
- Sun-damaged skin
- Hyperpigmentation
- Enlarged pores
Are IPL Photo Facial treatments safe?

Yes. Advanced light systems have been used safely for millions of treatments worldwide. These systems treat only the targeted tissues, leaving the surrounding tissue intact. However, some bruising or redness may occur.

What results can I expect?

After only one treatment, your skin will have a more even tone with a smoother look and feel. Sunspots will fade. Pore sizes will shrink. Fine lines and wrinkles will gradually decrease in size. These improvements will steadily increase with each treatment. Patients with rosacea will see a progressive decrease in redness with every treatment.

What will recovery be like?

After Dr. Sabin performs your IPL Photo Facial, post-operative discomfort is almost nonexistent. After treatment with most light systems, the treated skin may appear a little flushed and capillaries may seem to be more visible. The flushed look soon fades away, and the capillaries appear to vanish, leaving the skin looking younger. It's that simple.

Following any treatment, you should follow your doctor's instructions, avoid any harsh skin cleansers and use sunscreen.

Find out if you could benefit from this procedure. Schedule your free consultation with our practice today.
**Botox Cosmetic®**

Botox® minimizes or eliminates wrinkles appearing as furrows between the eyebrows, crow’s–feet and forehead lines. After treatment, the skin remains smooth and unwrinkled. The results are a more youthful and refreshed appearance.

Botox® Cosmetic is a prescription medicine which is injected into muscles and used to temporarily improve the look of frown lines, often between the brows.

Botox® Cosmetic minimizes or eliminates wrinkles appearing as furrows between the eyebrows, crow’s–feet and forehead lines. After treatment, the skin remains smooth and unwrinkled. The results are a more youthful and refreshed appearance.

Botox® Cosmetic is administered by a healthcare professional as a fast, simple, nonsurgical treatment which is injected directly into the muscles between the eyebrows. It works by blocking nerve impulses to those muscles thus reducing muscle activity that causes these lines to form between the brows.

**Some Botox® Cosmetic Facts:**

Botox® Cosmetic, introduced in 2002, is the first botulinum toxin to be approved by the FDA to temporarily treat moderate to severe glabellar lines between the brows.

With real, noticeable results, no surgery and no recovery time, Botox® Cosmetic has been chosen by millions of men, women and their doctors for many reasons.

Approximately 11.8 million Botox® Cosmetic procedures have been administered in the United States since 2002. 97% of 117 patients surveyed were satisfied with the results of their Botox® Cosmetic experience. Individual results may vary.
Nail Fungus Removal Treatment

You are not alone, over 20% of people between the ages of 40 and 60 have onychomycosis. Now you can laser away toenail and fingernail fungus. Lasers are the newest and safest avenue to treat fungus that lives on or under either toenails or fingernails. Our laser will eliminate these conditions in as little as 4 treatments for most clients.

No Side Effects!

These treatments are without the side effects of traditional treatments. This means:

- No oral medication with traditional side effects.
- No surgery
- No downtime
- No topical medication
- Mostly painless

The Actual Treatment

Minimal, if any, pain for most. Clients have described the laser sensation as warm or as a pin prick. The actual treatment takes less than 30 minutes.

At your initial visit to for evaluation and treatment of Athlete’s foot and toenail fungus, an examination of your feet and nails is done. Photos are taken. If clinically indicated, a powerful laser is used to heat your ten toenails up to 118 degrees Fahrenheit (48 Celsius). Three consecutive passes are done using a blended mix of 1064-nm and 1319-nm Nd:YAG laser energy for targeted heating of the toenails. While patients feel the heat on their toenails during the laser treatment, surface temperatures are monitored using an infrared non-contact temperature device to ensure the temperatures are safely reached at levels sufficient to kill the fungus without causing damage to the patient’s toes.

Our price for laser treatment of toenail fungus is $20 per nail per laser treatment session ($200 minimum charge, based on all 10 toenails being treated during each treatment session)

Recovery

No down time, you walk in and walk out. You can even put nail polish on after treatment!
**Photofacial / IPL**

Intense Pulsed Light treatment is indicated for the correction of sun damage, broken capillaries and rosacea. Four treatments are recommended at 3-4 week intervals. The end result is overall improvement in skin tone and texture.

Commonly treated areas are the face, neck, chest, hands and arms. The procedure takes half an hour to 45 minutes.

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<thead>
<tr>
<th>Photofacial Skin Rejuvenation IPL Laser · Price List</th>
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<td>Individual Treatment</td>
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<tr>
<td>Package of 4 Treatments</td>
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**BOTOX Injections**

BOTOX® Cosmetic is derived from the toxin Botulinum A. In a very dilute concentration, it has the ability to prevent the facial expression muscles from contracting. As a result, wrinkles often seen with facial expression are eliminated.

The most common sites injected are the crow's feet, the forehead, and the area in between the eyes.

A stinging sensation is often felt with the injection; otherwise there is minimal discomfort.

The effects of BOTOX can be seen within 3 to 5 days and last for 3 to 5 months.

BOTOX® Cosmetic is FDA approved for the temporary treatment of moderate to severe frown lines between the brows in people ages 18–65. Side effects associated with BOTOX are minima, however anyone who is pregnant, nursing, or experiencing any neurological diseases or symptoms should avoid the use of BOTOX.

<table>
<thead>
<tr>
<th>BOTOX® Injections · Price List</th>
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<tr>
<td>Average Treatment Site</td>
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*BOTOX® is $10 per unit. An average treatment site requires 20 to 30 units and varies per patient. This pricing applies to touch ups as well. 25 units per area is the usual amount for most areas of the face.*

**TOENAIL LASER FOR FUNGUS**

Our successful Athlete’s foot and toenail fungus treatment program involves a total of 4 laser treatment sessions for all ten toenails at 4-week treatment intervals. A follow-up visits thereafter is done at 6 months following the initial treatment since it takes several months for a patient to exhibit significant new toenail growth following laser treatment. Within 12-18 months, a newly grown nail should replace the fungus-infected toenail.

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<tr>
<th>Toenail Fungus Ng-Yag Laser · Price List</th>
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<tr>
<td>Average Treatment of all 10 nails</td>
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Our price for laser treatment of toenail fungus is $20 per nail per laser treatment session ($200 minimum charge, based on all 10 toenails being treated during each treatment session). For patients having Athlete’s foot in addition to toenail fungus (Onychomycosis), physician-directed disinfection of the feet and footwear will occur as unfortunately, infection of the of the foot surrounding the laser-treated toenail remains a means for re-infection of the nail, despite high effectiveness of the laser in destroying toenail fungus.
Bruce J. Sabin, M.D., P.C.

Address:
1790 Presidential Circle, Suite C
Snellville, Georgia 30078

Location Hours:
Monday-Friday: 8am - 5pm

Phone:
770-979-8022

Fax:
770-979-1098

Driving Directions
Take Highway 124 to Ronald Reagan Parkway, take a right at the 2nd traffic light (Presidential Circle), go 200 yards and we are on the right. We are next to the Crestwood Suites Hotel. We are conveniently located a block away from Emory Eastside Medical Center. Our location was chosen to provide easy access for individuals traveling from Lawrenceville, Snellville, Grayson, Duluth, Dacula, Loganville and other areas in Gwinnett county. We have ample parking spaces and handicapped access available.

www.drsabin.com

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Address:
4124 Chattahoochee Trace, Suite 101, Duluth, GA

Phone:
770-476-4300

Location Hours:
10am-7pm

www.primosalonandspa.com