

REGARDING YOUR SURGERY: \*\*\*\*\*  
**TIME OF SURGERY MAY CHANGE. IF SO YOU WILL BE NOTIFIED. IF YOU ARE NOT ABLE TO TAKE THIS NEW TIME, YOU WILL NEED TO RESCHEDULE TO ANOTHER DAY.**  
NORTH MEMORIAL HOSPITAL  
MAPLE GROVE CENTER \*\*\*\*\*  
WESTHEALTH SURGICAL CENTER

1. IT IS IMPORTANT FOR A SAFE ANESTHESIA THAT YOU HAVE **NOTHING** TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY, INCLUDING **NO COFFEE**. IF SURGERY IS NOT UNTIL AFTERNOON, YOU MAY HAVE NOTHING TO EAT OR DRINK UP TO 8 HOURS BEFORE SURGERY.
2. IF YOU ARE TAKING ANY FORM OF BLOOD THINNER MEDICATIONS PRESCRIBED BY YOUR PHYSICIAN, PLEASE CALL THAT PHYSICIAN **NOW** AND LET HIM KNOW OF YOUR PLANNED SURGERY DATE AND WHETHER OR WHEN YOU NEED TO STOP THIS MEDICATION. IT IS VERY IMPORTANT NOT TO TAKE ASPIRIN FOR 2 WEEKS PRIOR TO YOUR SURGERY. (AVOID PLAVIX, CELEBREX, NUPRIN, ADVIL, IBUPROFEN, MOTRIN--MAY TAKE TYLENOL) **QUESTION YOUR FAMILY DOCTOR AT LEAST 2 WEEKS AHEAD OF SURGERY DATE.**
3. A PREOPERATIVE PHYSICAL BY YOUR FAMILY DOCTOR IS NEEDED TO BE PERFORMED SOMEWHERE WITHIN THE **30 DAYS** PRIOR TO SURGERY. **YOUR SURGERY WILL BE CANCELED IF YOU DO NOT HAVE THIS HISTORY AND PHYSICAL FROM YOUR FAMILY DOCTOR.**
4. IT IS CRITICAL THAT YOU HAVE SOMEONE DRIVE YOU HOME FROM THE SURGERY. FOR YOUR SAFETY, **SOME ONE MUST STAY WITH YOU DURING THE FIRST 24 HOURS AFTER SURGERY.**
5. (PLEASE NOTIFY US TODAY) IF YOU HAVE A **LATEX ALLERGY**, SO THE APPROPRIATE MEASURES CAN BE TAKEN IN ADVANCE OF YOUR SURGERY DATE.
6. THE HOSPITAL/SURGICAL CENTER WILL CALL YOU APPROXIMATELY 3 DAYS BEFORE YOUR SURGERY. IF YOU ARE TAKING MEDICATIONS ASK THEM AT THAT TIME IF YOU MAY OR MAY NOT TAKE THE MEDICATION ON THE DAY OF SURGERY.
7. PLEASE, **NO CHEWING GUM, SMOKING OR COFFEE ON THE DAY OF SURGERY.**
8. ENCLOSED IS A FORM REGARDING PAYMENT. THIS MUST BE SIGNED AND RETURNED **AT LEAST 2 BUSINESS DAYS PRIOR TO SURGERY OR UNFORTUNATELY YOUR SURGERY MAY BE CANCELLED.** THIS FORM STATES AFTER THE INSURANCE PAY, IF THERE IS A BALANCE DUE, IT IS YOUR RESPONSIBILITY.

**OUR TELEPHONE SYSTEM WILL CALL YOUR HOME 2 DAYS PRIOR TO SURGERY. PLEASE LISTEN TO TIME OF SURGERY, AS THE TIME MAY HAVE CHANGED SINCE ORIGINALLY SCHEDULED.**

ANY QUESTIONS; CALL KATHLEEN H 763-520-7233 OR RHONDA L 763-520-3933