



PATIENT INSTRUCTIONS FOR:  
**SEMEN ANALYSIS**

This test is performed on the male partner in order to determine whether the sperm is normal or not. You will submit a fresh specimen to our laboratory and they will check for the count (number), motility (percent swimming) and morphology (percent normally shaped). Your results will be ready by the next day.

1. Schedule an appointment through **Raquel** in our business office. You can reach her by direct dial at **609-512-4031**). She will need your male partner's insurance info so she can verify and obtain approval for the test. This may take up to 48 hours. The test is only performed by appointment
2. Obtain a sterile specimen container from our office if you prefer to collect the specimen at home.
3. In order to have accurate results, you must avoid sexual relations or ejaculation for at least three days but no more than seven days before the test, unless the doctor gives you other instructions.
4. Your specimen should be collected by masturbation (no other method of collection is useful for the purpose of this analysis) at home and delivered to our laboratory within ½ hour but no longer than one hour or you can use our facility collection room. Contraceptive condoms cannot be used, because their lubricants may have spermicide, however, there are special condoms for this purpose that can be obtained and used.
5. Please **label** the specimen container with **male name, husband/partner social security number.** Keep the specimen warm by keeping it in a pocket close to the body. Bring the specimen in to our Lawrenceville office as soon as possible.
6. Please fill out all necessary forms before coming to the office.
7. We require photo ID from the male partner for all sperm specimens. Please bring in a Xerox copy if female partner is bringing in.