

PATIENT INSTRUCTIONS FOR:



DAY 3 BLOODWORK (*Estradiol [E₂], LH, FSH*)

This blood test is drawn on the second, third or fourth day of your cycle. *Day 1 is considered the first day of red blood.* The purpose is to make sure that your eggs are of sufficient quality and quantity that you will have a reasonable chance of getting pregnant with your own eggs. Put more simply, it is a way of testing the aging of your ovaries.

Please set up an appointment for the blood work during our early morning office hours. We open early Monday through Friday.

We strongly prefer to run this in our in house laboratory. If drawn before 10 AM, the results will be back the same day.

If your insurance company will not allow us to do this, please let us know and we will draw it for you and sent it off to Quest or Lab Corp. The results should be back within 1-2 days.

If you call to check on the results, please call our nursing line at 609-896-4984 option 1. Let us know in the message, your name, what test was done, what day it was drawn and how we can reach you.

The most important part of the test is the FSH level. A low level of less than 10 is good, between 10 and 15 fair, and above 15 very poor. If your estradiol level is high (above 100), the FSH levels may be falsely reassuring, and we will probably need to repeat the test.