



PATIENT INSTRUCTIONS FOR:

DAY 20 BLOODWORK (Progesterone level)

This blood test is drawn on the 20th day of your cycle or one week before the expected period. It is a way of measuring and confirming your ovulation. Most patients will have this test as an initial part of their work-up and also every month while on clomiphene.

Please set up an appointment for the blood work during our early morning office hours, Monday through Friday.

We strongly prefer to run this in our in house laboratory. If drawn before 10 AM, the results will be back the same day.

If your insurance company will not allow us to do this, please let us know and we will draw it for you and sent it off to Quest or Lab Corp. The results should be back within 1-2 days.

If you call to check on the results, please call our nursing line at 609-896-4984, option 1. Let us know in the message, your name, what test was done, what day it was drawn and how we can reach you.

A normal level is 10 or higher if you are not on any kind of fertility drug. If you are on clomiphene we want the level to be above 15. If it is less, your dosage will probably be increased.