



PATIENT INSTRUCTIONS FOR:

INTRAUTERINE INSEMINATION (IUI)

Intrauterine Insemination or IUI is a procedure in which your husband's sperm is washed and injected in to your uterus. It is done as close to the time of ovulation as possible.

If your insurance requires precertification and/or referrals, please call Raquel on the first day of your menses to make arrangements (direct dial 609- 512-4031). Also please call our nursing staff to schedule your ultrasound for cycle day 12-13 (609-896-4984)

If you are on Clomid and being monitored with ultrasound, please schedule) **ultrasound and blood work around day 12 or 13** during our morning hours (M-F 6-9 AM). If you are on injectable medications, you would have already been seen multiple times for ultrasound. When the eggs reach a mature size, you will be given (or take at home), and injection of **Ovidrel** to force ovulation. IUI will be set up 24-36 hrs after the injection. We do not perform IUI on major holidays.

You will be instructed by a member of our staff what time to produce the specimen. Your husband may **collect the specimen at home by masturbation into the sterile cup** that has been provided to you **or produce the sample in our collection room**. We now require a **signed confirmation and a copy of the photo ID from your husband/ partner**. If you chose to produce at home, please keep it warm by keeping it close to the body. The specimen will be brought back to the lab and washed to separate the sperm from the rest of the semen. We will also analyze the sperm count and motility on his specimen. The washing process takes an average of 30-40 minutes. For safety reasons, we will only process several specimens at a time.

The insemination itself only takes several minutes, and you will remain on the table for 15 minutes after the procedure. A soft plastic catheter is inserted into the uterus and the washed sperm are injected. There are no restrictions on you after you leave.

You may experience some cramping during and shortly after the IUI, but this should improve quickly. If the pain worsens later in the day, it could be a sign of infection and you should notify the doctor ASAP. The IUI itself will not raise your risk of multiple pregnancies-only the fertility drugs do.

If you are on Clomid, please come in for a progesterone blood test in 1 week after the IUI. If you are on injectables, set up an ultrasound and bloodwork with the doctor in 1 week, and bring your second Ovidrel to that visit.