



**FOR IMMEDIATE RELEASE**  
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### **ORTHOPEDIC SURGEON TO SPEAK ABOUT KNEE REPLACEMENT TECHNIQUES**

There are nearly 300,000 knee replacement surgeries done in the US each year, and the number is increasing. At the same time, the average age of patients receiving total knee replacement is decreasing with more and more patients under age 65 seeking this procedure.

“In recent years, the quality of the technology used for total knee replacement surgery has improved greatly,” explains Michelle Donaldson, MD, orthopedic surgeon at Livingston HealthCare. “Minimally-invasive techniques and longer lasting replacement joints have improved healing times and the lifespan of the new joint. As a result, people can have relief from knee pain at a much younger age.”

In February, Dr. Donaldson will be speaking at two events at the Livingston Park County Public Library about knee replacement. She’ll discuss when to consider knee replacement, some of the alternatives to surgery, and the procedures available today if you need total knee replacement. “This is a major procedure and people have a lot of questions,” she says. “I’d like to be a resource to answer those questions and point people in the right direction to help them improve the quality of their lives.”

Join Dr. Donaldson for one of these presentations: February 8 at 7:00 pm or February 15 at 12:00 pm (lunch will be provided). For the February 15 event, please RSVP to 823-6710. Attendance is free. For more information, visit [www.livingstonhealthcare.org](http://www.livingstonhealthcare.org) or call 823-6710.

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