

Using Your Small Volume Compressor Nebulizer

Patient Education Guide

AMERICAN COLLEGE OF
CHEST
P H Y S I C I A N S

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To make your breathing better, you **MUST** take your medicine as explained below. Following these instructions puts more of the medicine into your lungs and helps keep your nebulizer clean. This will open up your air passages and help you breathe easier and feel better.



1 Place compressor on a level, steady surface, and plug power cord into a wall outlet.



2 Connect one end of the nebulizer tubing to the air outlet connector.



3 Wash hands, and add prescribed medication to the nebulizer using a dropper or unit dose vial.



4 Assemble mouthpiece, T-piece, and reservoir tubing to the nebulizer.



5 Attach tubing to nebulizer air inlet.



6 Press power switch to on.



7 Sit upright in a comfortable position. Place mouthpiece between teeth, over the tongue, with lips comfortably sealed. Take deep relaxed breaths until nebulizer begins to sputter. Turn off power to compressor.



8 Disconnect nebulizer from tubing, disassemble, and briefly wash in warm soapy water.



9 Rinse nebulizer parts, and shake off excess water.



10 Place nebulizer parts on a towel or dish rack, and allow to air dry. Keep parts out of the reach of children. Reassemble the clean nebulizer, and place in a cool, dry place.

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