

# Using Your Maxair™ Autohaler™

## Patient Education Guide

AMERICAN COLLEGE OF  
**CHEST**  
P H Y S I C I A N S

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To make your breathing better, you **MUST** take your medicine as explained below. Following these instructions puts more of the medicine into your lungs. This will open up your air passages and help you breathe easier and feel better.



1 Remove the mouthpiece cover. Check for and remove any dust, lint, or other objects.



2 Hold Autohaler™ upright as shown in the picture. Raise the lever, it will snap into place and stay up. **THE AUTOHALER™ HAS TO BE HELD UPRIGHT WHEN RAISING THE LEVER.**



3 Shake the Autohaler™ gently.



4 Continue to hold Autohaler™ upright. Do not block vents on the bottom of Autohaler™. Breathe out normally.



5 Seal your lips tightly around the mouthpiece. **BREATHE IN DEEPLY.** You will hear a click and feel a soft puff. This is the medicine coming out of the Autohaler™. Keep breathing in until your lungs are completely full.



6 **HOLD** your breath for 10 seconds. If you cannot hold your breath for 10 seconds, hold your breath as long as you can. After 10 seconds, breathe out slowly.



7 Hold Autohaler™ upright and lower lever. If you need to take another puff of medicine, repeat steps 2-6.



8 Put the mouthpiece cover back on the Autohaler™.

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# Priming and Cleaning Your Maxair™ Autohaler™

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### Priming or Preparing Instructions for Your Maxair™ Autohaler™

Priming your Autohaler™ should be done before using it for the first time. If it has been more than 48 hours since you last used your Autohaler™, you will need to prime it again. Ask your health-care provider or pharmacist how many puffs of medicine your Autohaler™ has when it is full. You need to keep track of how many puffs of medicine you take everyday, so you can have your Autohaler™ refilled before you run out of medicine.



1 Remove the mouthpiece cover.



2 Point mouthpiece away from you. Push lever up.



3 Push white slide on bottom of the mouthpiece. Arrows on the bottom will show you the direction to push the slide.



4 Push lever back down then repeat steps 2-3.

### Cleaning Your Maxair™ Autohaler™



1 Remove the mouthpiece cover.



2 Wipe the mouthpiece with a clean dry cloth.



3 Turn the Autohaler™ upside down. Tap back of the Autohaler™. Flap should come down so that the spray hole can be seen.



4 Clean flap with a dry cotton swab.



5 Put mouthpiece cover back on. Make sure lever is down. Clean the Autohaler™ once a week or more often if Autohaler™ is visibly dirty.

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