



**FOR IMMEDIATE RELEASE**  
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### **LIVINGSTON HEALTHCARE DIABETES EDUCATION PROGRAM MERITS ADA RECOGNITION**

Livingston HealthCare announced that their Diabetes Education program has been awarded continued Recognition from the prestigious American Diabetes Association (ADA). Livingston HealthCare received the award for the high-quality patient education that is an essential component of effective diabetes management.

“We are extremely pleased,” said Kim Quesenberry, RN, and Certified Diabetes Educator at Livingston HealthCare. “The ADA holds us to a very high standard. This recognition ensures that we are working with the most current information and that our staff are knowledgeable and well-trained to provide comprehensive information about diabetes management. It assures our patients that they can receive high quality care locally, without having to travel beyond Park County.”

There are 26 million people in the United States, or nearly 8% of the population, who have diabetes, according to the ADA. While an estimated 19 million have been diagnosed, unfortunately, 7 million people are not aware that they have this disease. Each day, over 5,000 people are diagnosed with diabetes. Many will first learn that they have diabetes when they are treated for one of its life-threatening complications—heart disease and stroke, kidney disease, blindness, and nerve disease and amputation. Since 1987, the death rate due to diabetes has increased by 45% while the death rates due to heart disease, stroke, and cancer have declined.

The ADA’s Education Recognition Certificate assures that educational programs meet the National Standards for Diabetes Self-Management Education Programs. These standards were developed and tested under the auspices of the National Diabetes Advisory Board in 1983 and were revised by the diabetes community in 1994 and 2000.

“This is an example of our ongoing commitment to quality healthcare services,” said Sam Pleshar, Livingston HealthCare CEO. “It is rewarding to be recognized

by the ADA for our work. And it provides our patients with assurance of the kind of care they will receive here.”

The American Diabetes Association is the nation’s leading non-profit health organization supporting diabetes research, advocacy, and information for health professionals, patients and the public. Founded in 1940, the ADA has an area office in every state and conducts programs in communities nationwide.

For more information about Livingston HealthCare’s diabetes self-education program, call 222-2690 or visit [www.livingstonhealthcare.org](http://www.livingstonhealthcare.org).

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