

January 9, 2021

To the patients and families of ACCC:

Happy New Year! We hope your family enjoyed the holiday season in safe and new ways. If you **traveled and/or were exposed** over the holiday, please reach out. We can evaluate patients who have signs of illness as well as those who are asymptomatic but exposed. We are offering rapid testing to family members as well.

Great news on the **vaccine** front! We, here at ACCC, are being vaccinated against Covid-19 as healthcare workers. Georgia is rapidly expanding the criteria for vaccination expanding to first responders such as paramedics and police officers as well as those over 65 years of age. However, it will still take some time for the vaccine to be available to everyone. Please continue to be vigilant with mask wearing and social distancing as these continue to be effective public health measures.

There has been an update regarding follow up for patients who have **recovered** from Covid-19. While the pediatric cardiologists have determined that the risk of **myocarditis** (inflammation of the heart muscle) is exceedingly low in children, they continue to recommend follow up with the pediatrician to make sure vital signs and cardiac exam is normal. Athletes should wait 14 days to resume playing sports after infection with Covid-19 and observe for ongoing symptoms.

If you or your child over the age of 18 has recovered from Covid-19, consider donating your **convalescent plasma**. With the new surge of infections here in Georgia, Northside Hospital is urgently requesting plasma to help treat patients currently infected with Covid-19. Here is the link for more information:

https://www.northside.com/covid-19-plasma-volunteers? gclid=EAIaIQobChMIsKSx2JuP7gIVF0mGCh0EmQKvEAAYASAAEgJ f D BwE

Curbside check-in has had a few technical glitches this week but overall is going well and a popular option for both sick and well visits. When you call to make your appointment, the staff will collect any copays that may be due. You will then receive a text 20 minutes before your appointment. You can respond when you arrive in the parking deck, and we will let you know which room is cleaned ready for you and you can proceed directly to the room! This minimizes your time and contact in the office.

If your child is due for a **well** visit, please call the office to schedule those appointments. It is more important than ever for children and teens to have their checkups so we can do necessary screens and assess their physical and mental well-being. There is a new GA law in place mandating a booster **Meningitis vaccine** for all 16 year olds and they will be stopped prior to 11th grade entry. We continue to offer **telemedicine** visits during the day as well as after hours, if and when appropriate. Please call the office during the day to schedule a telemedicine visit. After hours, you can have the doctor on call paged, and then we can decide if a telemedicine visit is feasible. Thank you as always for your trust!

Drs. Maxey, Chugani, & Ference