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FOR IMMEDIATE RELEASE

NEW THERAPEUTIC BRAIN STIMULATION (TMS) PROCEDURE OFFERED AT EASTERN VIRGINIA MEDICAL SCHOOL

The EVMS Department of Psychiatry and Behavioral Sciences is offering a new therapeutic treatment for patients diagnosed with major depression, obsessive compulsive disorder, anxiety disorders, dementia, auditory hallucinations and post traumatic stress disorder. The treatment, called Neurostar Transcranial Magnetic Stimulation (TMS) Therapy ®, is safe and effective when completed as prescribed.

About TMS:

- An outpatient procedure that allows patients to carry on with their normal daily activities
- It is well tolerated, pain-free and does not cause the systemic side effects that other treatments do
- May lead to an improvement in or remission of the psychiatric symptoms being treated
- Involves a series of sessions, typically five days a week
- Sessions are between 30 minutes to an hour
- TMS benefits can last up to 6 months and can be maintained longer through subsequent sessions

Commonly reported side effects:

- Scalp discomfort
- Headache
- Neck Pain

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If you would like more information on this treatment, please visit our website at <http://www.evms.edu/evms-dept.-of-psychiatry-behavioral-sciences/evms-tms-treatment.html> or contact Leonore Okwara at 446-5888