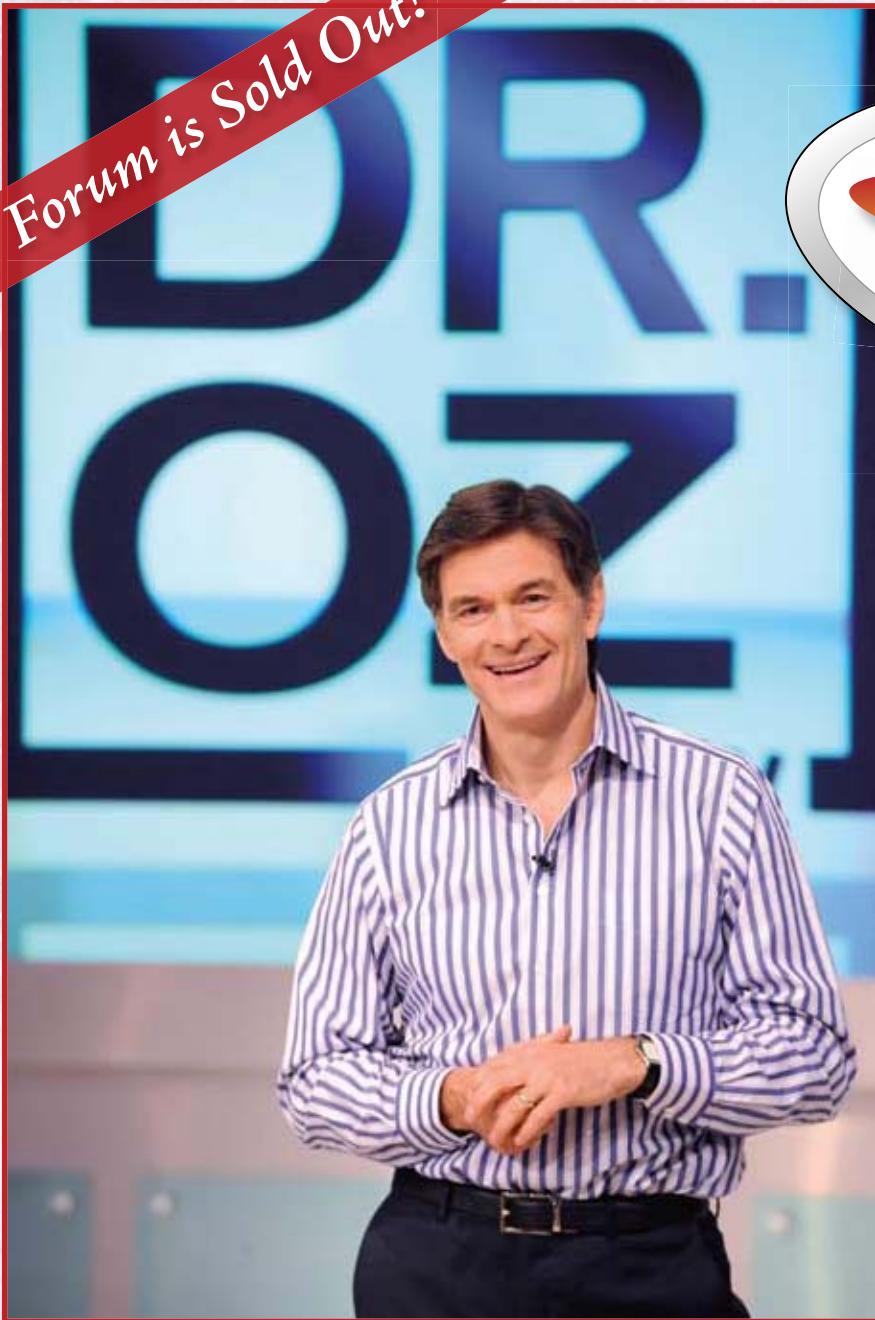


Forum is Sold Out!



# Dr. Oz to Speak at Successful Aging Forum

The 2010 Successful Aging Forum keynote speaker will be none other than the world-renowned heart expert, Dr. Mehmet Oz. As with our past speakers, who have included Pat Boone, Naomi Judd, Anne Jillian and Jack LaLanne, this prominent heart surgeon and medical author will captivate and educate the audience.

## Dr. Oz

If you have seen "The Dr. Oz Show" on television or read his New York Times bestseller, ***You: The Owner's Manual***, you are already familiar with his entertaining and authoritative approach to keeping our bodies healthy and young. He has an impressive list of medical

credentials and professional awards including:

- Professor of Surgery at Columbia University College of Physicians & Surgeons, New York, NY
- Director, Cardiovascular Institute, Columbia University Medical Center, New York, NY
- Books for a Better America Award for his 1999 book ***Healing from the Heart***
- Co-Clinical Director, Bon Secours Heart & Vascular Institute at Maryview Medical Center in Portsmouth

Bon Secours is very proud to be associated with Dr. Oz, whose clinical specialties range from minimally invasive heart surgery to coronary bypass and aneurysm surgery.

As co-clinical director for Bon Secours Heart Institute at Maryview Medical Center in Portsmouth, he is involved in educating and training physicians in the latest cardiac technologies. In addition to serving as our keynote speaker at the forum, he will be presenting awards to the Outstanding Physician, Senior Hero and Senior Organization winners so be sure to submit your nominations using the guidelines in this issue of Senior Health.

**Ask our doctors how to be your best “heart healthy you.”**

- Concerned about your heart and staying healthy?
- Wondering what endocrinologists or neurologists do and how their fields are related to the heart?
- Looking for reliable information about how nutrition affects aging?

One of the area’s leading physicians will answer each of these and many more of your questions at this year’s Successful Aging Forum.

**Forum sells out in record time**

It’s true that the Bon Secours Successful Aging Forum has been Hampton Road’s premier annual health and wellness education program for the past 10 years. It’s also true that the event has been sold out every year. This year the forum, with Dr. Oz as our keynote speaker, has sold out in record time.

**May 14, 2010**  
**Hampton Convention Center**  
**Sold Out!**  
**Cost: \$25**  
**Register: Event is already sold out!**

**Meet Our Panel of Local Physicians**

You will have an opportunity to have your health and wellness questions answered by Dr. Oz as well as some of Hampton Roads’ leading physicians.

<p><b>Dr. Ryan Seutter</b>          Cardiologist,          Cardiovascular          Specialists</p>	<p><b>Dr. Anne Redding</b>          Neurologist, Neurology          Specialists</p>	<p><b>Dr. Jeffery Carlson</b>          Orthopedic Surgeon,          Orthopedic and Spine          Center</p>	<p><b>Dr. Richard Bikowski</b>          Geriatrician, Portsmouth          Family Medicine</p>
<p>Dr. Seutter has just opened an ablation lab at Bon Secours Heart Institute equipped with the latest technology to treat irregular heartbeats.</p>	<p>Dr. Redding is medical director of the DePaul Sleep Lab.</p>	<p>Dr. Carlson is fellowship-trained in orthopedic trauma and spine surgery and teaches spine surgery techniques around the U.S.</p>	<p>Dr. Bikowski is a geriatrician and family medicine physician. Professor at EVMS and part of Portsmouth Family Medicine.</p>
			