



Antoinette Hood, MD
Margery Scott, MD
Valerie Harvey, MD
Kimberly Salkey, MD

HOME WART TREATMENT

***Your warts will resolve faster if you do each step EVERY DAY.
Everything you will need can be purchased over-the-counter.***

1. Soak warts in very warm water for 10 minutes, and then pat dry with a towel.
2. Remove any dead skin with a pumice stone or a callous grater (Dr. Scholl's or beauty supply store).
3. Apply Occlusal, Duofilm, Wart-Off, or other 17% salicylic acid solution to each wart and then wait for it to turn white.
4. Place a piece of Mediplast or Clear Away (40% salicylic acid patch) or Pedifix (rub on stick) on top. It should be cut slightly larger than the wart. If you can't find either of these, use a 17% salicylic acid patch.
5. Cover the warts with white surgical tape or silver duct tape so they are airtight.
6. Remove the tape the next day, and it will pull off dead layers of skin from the warts.
7. If the skin is severely irritated, wait 1-2 days before restarting the routine.