

EVMS Division of
Gynecologic Specialties



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Meet our Gynecologists



**Stephen
Davis, MD**

Obstetrician and
Gynecologist

Clinical Interests:
General Obstetrics &
Gynecology; minimally
invasive gynecologic
surgery; office-based

gynecologic procedures and simulation in
health care. **Medical School:** University of
Chicago-Pritzker School of Medicine. **Board
Certification:** Obstetrics & Gynecology



**Nicole C.
Rankins, MD, MPH**

Obstetrician and
Gynecologist

Clinical Interests:
Minimally invasive gynecologic
surgery; treatment
of uterine fibroids; general
obstetrics **Medical**

School: Eastern Virginia
Medical School **Fellowship:** University of
North Carolina at Chapel Hill, Triangle Clinical
Research Fellow **Board Eligible:** Obstetrics &
Gynecology



**Nicole C.
Gillman, MD**

Obstetrician and
Gynecologist

Clinical Interests:
General Obstetrics
& Gynecology

Medical School:
Meharry Medical

College, Nashville, Tennessee **Board
Certification:** Obstetrics & Gynecology



**Khaled H.
Sakhel, MD**

Obstetrician and
Gynecologist

Clinical Interests:
Robot-assisted
surgeries; minimally
invasive gynecology;

chronic pelvic pain;
abnormal uterine bleeding

Medical School: American University of Beirut
Fellowship: Advanced Laparoscopic Surgery,
IVF Michigan **Board Eligible:** Obstetrics &
Gynecology



**Gayatri
Kapur, MD**

Obstetrician and
Gynecologist

Clinical Interests:
Laparoscopy, laser,
postmenopausal
gynecology **Medical**

School: State University

of New York (SUNY) Buffalo, New York
Board Certification: Obstetrics &
Gynecology



**Mary C.
Vaughan, MD**

Obstetrician and
Gynecologist

Clinical Interests:
Minimally invasive
surgery; pediatric and
adolescent gynecology

Medical School: Eastern
Virginia Medical School **Board Certification:**
Obstetrics & Gynecology

Why Choose a Gynecologist?



Gynecologists provide health care for women in some of the most intimate areas of their health, sexuality and well-being. As physicians who specialize in treating women's reproductive health problems, the gynecologists at EVMS Health Services partner with their patients to optimize their health during each phase of life. Our Gynecologists work with each patient to develop a personalized plan to best suit their individual health care needs and lifestyle. Our Gynecologists are full-time faculty at Eastern Virginia Medical School (EVMS). Our faculty are dedicated to providing patient-centered quality care, participating in the latest research and teaching the next generation of gynecologists.

Pap Test

The Pap test is the most important annual screening test to detect early evidence of cervical cancer and other infections and cervical abnormalities. Your family physician or your gynecologist can perform your Pap test screening.

Abnormal Bleeding

The menstrual cycle is not the same for every woman. A normal menstrual period lasts from 2-7 days. A normal cycle can range from 21-35 days. Bleeding that is longer, heavier or more frequent than normal or occurs between periods or an absence of periods is called abnormal or irregular uterine bleeding. There are various causes of abnormal bleeding, but the most common is hormone-imbalance. It is still important to let your doctor know if you are experiencing abnormal bleeding.



Birth Control

Birth control, or contraception involves one or more actions, devices or medications that can reduce or prevent pregnancy. Today's options vary with lifestyle preferences and needs. For women wishing to become pregnant in the future, there are many reversible options including oral contraceptive pills, vaginal rings, Depo-Provera, and subdermal hormonal implants. Women desiring to limit exposure to hormones may choose an intrauterine device.

For women who desire permanent sterilization, we offer laparoscopic tubal ligation as well as a newer innovative transcervical procedure, Essure™, that can be performed in the office and requires minimal anesthesia and recovery for your convenience. Ask us which method is best for you.

Gynecologic Procedures and Surgeries

Millions of women each year face the uncertainty of having a gynecologic procedure or surgery performed. Our Gynecologists will review with you your recommended procedure.

Office Procedures

Colposcopy is a diagnostic tool used for further evaluation of abnormal Pap tests. It allows the doctor to look at the cervix through a special magnifying device called a colposcope. It shines a light onto the vagina and cervix. A colposcope can enlarge the normal view by 2-60 times. This allows the doctor to find problems that cannot be seen

by the eye alone. The colposcopy is an office procedure with results usually available within a week.

Loop electrosurgical excision procedure (LEEP) uses a thin, low-voltage electrified wire loop to cut out abnormal tissue that is often detected during a colposcopy. LEEP can be performed in our office.

Hysteroscopy involves the insertion of a thin telescope through the cervix into the uterus. The physician can then detect fibroids polyps that may be causing excessive bleeding. If the physician finds that the fibroids should be removed, he or she may elect to perform an operative hysteroscopy in an outpatient surgery center by attaching thin instruments to the telescope that can remove polyps and fibroids and cut adhesions. This is often used as an alternative to a hysterectomy.

Another office procedure that may be utilized to treat heavy irregular periods is endometrial "ablation". This procedure uses radio frequency energy to permanently remove the lining or endometrium of the uterus. This stops all menstrual flow in many women. Because the ovaries and uterus are not removed, a few women may still have regular periods.

