

Insurance and Billing

We understand that health insurance can be extremely confusing. A patient service representative is available to assist you with any concerns or questions about your bill. You may reach one by telephone Monday-Friday 8:00 am—4:30 pm at 757-446-7333 or 1-800-282-4210.

Your insurance company requires that you pay your portion of the bill (usually called a co-pay) at the time of the service. Often, your insurance company will not cover the full cost of your medical care. If there is a remaining balance after you have paid your co-pay and your insurance company has paid all they are required, EVMS Health Services will mail you a bill.



www.evmshealthservices.edu

Physician Directory

Mark Sinesi, MD PhD
Chairman Department of Radiation Oncology

G. Stephen Brown, MD
Deanna Davidson, MD
Surjeet Pohar, MD
Mark Shaves, MD
Scott Williams, MD PhD

About our physicians

Radiation-Oncologists are physicians who have received specialized training in performing radiotherapy procedures. Our physicians work closely with each patient's medical oncologists, primary care physician, specialists and surgeons on delivering the most effective treatment for each patient.

RADIATION-ONCOLOGY



Serving the residents of
Hampton Roads at four
convenient locations.

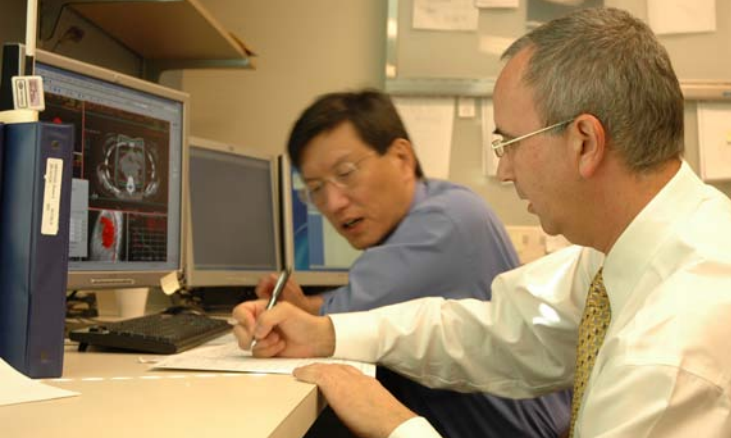
Sentara Norfolk General Hospital
388-3483

Sentara Virginia Beach General Hospital
395-8610

Lake Wright Radiation Oncology Center
213-5770

Princess Anne Radiation Oncology Center
507-0425





radiation oncology at EVMS Health Services

About half of all cancer patients will require radiation therapy, often known as radiotherapy during some phase of their cancer care. This treatment is delivered in a number of different ways including xray or electron beams (from clinical linear accelerators”) and either temporary or permanent internal placement of radioactive sources (known as brachotherapy or implant therapy). Radiotherapy treatments are often highly successful and generally have few side effects. Radiation treatments may comprise one part of an integrated cancer management strategy involving surgery, chemotherapy and experimental drugs in addition to radiation.

The Department of Radiation-Oncology at Eastern Virginia Medical School offers the most technologically advanced clinical radiotherapy program in the region. Our specialists provide over 12,000 treatments for cancer patients each year. The department offers a full range of radiation generating equipment, including external beam, intensity modulated radiation therapy, interstitial or implant therapy, radiosurgery, high dose radiation therapy and radioisotope therapy.

“There are no substitutes in this life for compassion, integrity, work ethic and persistence. Every single member of our team lives by these values every day for the improvement of our patients’ lives.”

– Mark S. Sinesi, M.D., Ph.D.

Answers to frequently asked questions:

- Most radiation treatments are daily, 5 days a week, for a specified period from 1 to 8 weeks depending on the disease and the course prescribed by your physician.
- Almost all patients are able to drive while receiving radiation treatment. However, with some types of cancer, driving may NOT be recommended due to fatigue or strong pain medication. Your physician will be able to address your specific care.
- Many patients continue with most of their normal activities during treatment.
- Depending on the area being treated, there may be side effects, including fatigue, nausea, “sun-burned” skin or diarrhea. Your physician can discuss the likely side effects and prescribe medication for some conditions.

During your visit, the staff and physicians will take all the time necessary to ensure that you are accurately positioned for your treatment. The actual time when the radiation is “on” is generally only about a minute or two for each treatment. Most of the time, patients are in and out of the department in less than 40 minutes. Making certain that you are taking care of your body’s needs with good nutrition is very important, especially during your treatment. Taking a multivitamin is acceptable. Please remember to tell your physician of all the medications and/or herbal products that you are currently taking. In some cases, megavitamins may be harmful. As a general rule, the area that is being treated with radiation, should NOT be exposed to much direct sunlight for up to a year after treatment. Sunscreen is highly advisable for these regions. Sunscreens may not be applied on treated areas while undergoing treatment. Most patients continue to visit their radiation-oncologist for some period of time after their treatments are completed. Your specific schedule will be determined by your radiation oncologist and your other physicians. Please ask our physicians any additional questions or concerns you may have about your radiation therapy treatment.