



Women's Wellness Center  
www.womenswellnessnow.com

## Bladder and Bowel Control: Confidential Patient Questionnaire

Name \_\_\_\_\_ Date \_\_\_\_\_

### BLADDER PROBLEMS

1. Do you leak urine when you cough, sneeze, laugh, lift, or exercise? \_\_\_\_\_  
How many times per day/week? \_\_\_\_\_
2. When you have the urge to urinate, do leak on the way to the bathroom? \_\_\_\_\_  
How many times per day/week? \_\_\_\_\_
3. IF YES, how long have you suffered the above bladder problem(s)? \_\_\_\_\_
4. Do you wear pads to protect from leaking? \_\_\_\_\_
5. How frequently do you empty your bladder during the day? \_\_\_\_\_
6. How many times do you get up to urinate at night? \_\_\_\_\_
7. Do you leak urine during sex? \_\_\_\_\_
8. Does it hurt when you urinate? \_\_\_\_\_
9. Do you have bladder pain? \_\_\_\_\_
10. Do you ever feel that you are unable to completely empty your bladder? \_\_\_\_\_

### BOWEL PROBLEMS

1. Any problem emptying your bowel? \_\_\_\_\_ Constipation? \_\_\_\_\_
2. Urgency with bowel movements? \_\_\_\_\_
3. Pain with bowel movements? \_\_\_\_\_
4. Leaking/incontinence of stool? \_\_\_\_\_
5. Other bowel issues? Explain \_\_\_\_\_
6. How long have you suffered the above bowel problem(s)? \_\_\_\_\_

### VAGINAL PAIN PROBLEMS

Do you have pain during vaginal intercourse? \_\_\_\_\_

IF YES,  
Is the pain located in the vagina only? \_\_\_\_\_

Is vaginal dryness a problem? \_\_\_\_\_