



MKMG CAPSULE ENDOSCOPY INSTRUCTIONS

Day before exam

A prescription of Nulytely will be ordered by your gastroenterologist in a preparation for the capsule endoscopy. You will need to take this the night before the test starting at **8 pm**. You will only need to drink half of this preparation.

They day before the exam you may eat a regular breakfast. The rest of the day you may only have full liquids (yogurt, milkshakes, etc.).

Please take any medications you are on before 10 pm. You need to stop drinking and eating after 10 pm.

Day of exam

You may take any daily medication at 12 noon.

Please wear comfortable 2-piece clothing for the capsule exam.

Please take the simethicone pill (Mylanta Gas, Phazyme) 15 minutes before the exam.

You are not allowed to have anything to eat or drink for **2 hours** after swallowing the capsule. You can have only clear liquids at **10 am** and a light lunch at **12 noon**. You can take your daily medication at this time.

You do not need a driver for this exam. Please arrive at **8 am** for the test. You can go to work while wearing the belt as long as there are no 2-way radios or strenuous activity involved with your work. You can lie down and rest while wearing the belt, just don't lie on the battery pack or the memory pack.

It will take approximately one week for the doctor to give the results of the test.