TRANSESOPHAGEAL ECHOCARDIOGRAM (TEE)
POST-PROCEDURE INSTRUCTIONS

1. After the procedure your throat may be sore for a few hours. If you experience trouble swallowing, stiff neck, abdominal pain, chest pain, vomiting of blood, or black or bloody stools, contact your physician immediately.

2. After your procedure, usually 4 hours after the exam, you may start with small sips of water. If you can swallow the water easily, you can eat and drink normally.

3. You will not be allowed to drive until the next day. Please bring a responsible adult with you who can take you home. If you plan to return home by taxi, you must have a responsible adult accompany you, in addition to the taxi driver.

4. After the procedure, do not operate potentially dangerous machinery, or make critical decisions until the next day.

5. Do not drink alcohol, wine, or beer for 24 hours after the procedure.

6. Rest at home with activity as tolerated.

7. Take medications that are prescribed by your physician as directed.

8. A nurse from your physician’s office will call you the next day. This is a routine call to find out how you are progressing.