

Seasonal Flu Vaccine

now available at



Flu season is fast approaching.

Are YOU ready?

A seasonal flu shot, along with good hygiene, is your best defense against flu symptoms this Fall. The CDC recommends a seasonal vaccination for anyone that wants to lower their risk of getting the flu, as well as the following high risk groups:



- **Children 6 months - 18 years**
- **Pregnant Women**
- **People 50 years and older**
- **People of any age with certain chronic medical conditions (such as asthma, diabetes, or heart disease)**
- **People who live in nursing homes and other long-term care facilities**

Be sure to get your flu shot from a trusted provider.
Call your Hattiesburg Clinic family doctor today to schedule an appointment.

Visit hattiesburgclinic.com for more information.

