

Do you suffer from

Hypothyroid-

Thyroid function is very complex and affects the function of nearly all of the organs of your body. If your thyroid is not functioning optimally you will experience declining health and vitality.

At The Center for Optimal Health our physicians treat patients with concern for how they feel, not just with accepted laboratory reference ranges. There are innovative ways to evaluate thyroid function beyond conventional means. With testing and appropriate treatment patients no longer have to suffer from the multiple symptoms caused by under-active thyroid.

You may suffer from under-active thyroid if you have:

- Fatigue
- Depression
- Constipation
- Difficulty concentrating & memory loss
- Cold hands and feet
- Dry, brittle hair and nails
- Dry, scaly skin
- Menstrual irregularities
- Mental fog
- Trouble sleeping
- Low libido
- Unexplained weight gain
- Joint and muscle pain & stiffness
- Thinning eyebrows



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The physicians of The Center for Optimal Health focus their practice on patient centered, science-based methods of improving health, vitality, and longevity through precise integration of hormonal and nutritional therapies.