



A Woman's Place
IN FAYETTEVILLE

Ph: 910.484.9020

OVER THE COUNTER MEDICATIONS SAFE IN PREGNANCY/BREASTFEEDING

Nausea- Zofran, TUMS, Vitamin B6, Emetrol, B natal lollipops, flat ginger ale

Constipation- Colace, Surfak, Senekot, Dulcolax, Milk of Magnesia, Metamucil, Pericolace, docusate, miralax

Diarrhea- Kaopectate, Imodium

Heartburn- Mylanta, Maalox, TUMS, Zantac, Pepcid, Tagamet

Cough- Robitussin, Delsym

Sore Throat- Cepacol, Chloraseptic Lozenges

Cold Symptoms- Tylenol Cold, Drixoral, Actifed, Sudafed, Saline Nasal Sprays, Robitussin PE,DM, Sucrets, Chloraseptic sprays & lozenges, Chlortrimeton

Fever, Headaches, and Aches- Tylenol or Extra Strength Tylenol, Ibuprofen before 28 weeks

Hemorrhoids- Preparation H, Anusol

Yeast Infection- Monistat 7

NO aspirin products are permitted unless prescribed by your doctor. NO Afrin.