



# **ECHOCARDIOGRAM**

## **PATIENT INSTRUCTIONS**

### **PREPARATION**

- ***Diet:*** Eat and drink as normal.
- ***Clothing:*** Wear two-piece, comfortable clothing.
- ***Medication:*** Take your medication as prescribed.
- ***Insurance:*** If you are covered by an insurance plan that requires pre-authorization from your primary care physician, please make those arrangements prior to your visit.

### **BRIEF EXPLANATION OF SEQUENCE OF TEST**

- You will need to undress from the waist up; women will be given a gown to wear.
- Electrodes will be placed on your chest to monitor your heart rate.
- You will be asked to lay down on a bed on your left side.
- A transducer with gel will be moved over your chest to acquire ultrasound images of your heart.
- The test will take approximately 30 minutes to one hour. You will be allowed to leave after the test. Your physician will give you the results.

### **QUESTIONS/CONCERNS**

You will be contacted the day before your test to confirm your appointment time. Any questions or concerns you may have can be answered at that time or you may call our office.

***Thank you for your time, patience, and cooperation!***