

The Heart Failure Program

at St. Joseph's Hospital

About 5.8 million people in the United States have heart failure and an additional 500 to 600,000 people are diagnosed with it each year. Of the more than 1 million annual hospital admissions for heart failure, an estimated 1 in 5 patients will return to the hospital within 30 days of discharge and nearly half will go back within 6 months of leaving the hospital. This, coupled with doctor office visits and trips to the emergency room, add up to nearly \$40 billion dollars spent every year to treat heart failure related health problems.

Like cancer, heart failure has stages that progress from stage A, when the heart is still relatively normal, all the way to stage D when the heart is critically abnormal. Currently, heart failure has no cure but significant advances have been made in improving the health and longevity of patients. Also like cancer, the earlier heart failure is detected and treated, the better.

To address this growing problem in our community HealthPoint has created a new Cardiology division to focus on this important disease. The HealthPoint Heart Failure Program at St. Joseph's Hospital is a comprehensive and collaborative heart failure management program that aims to slow disease progression and improve the quality of life of patients.

We provide seamless coordinated care that spans the home, hospital admissions, office visits, and even the emergency room through our advanced electronic medical records system and collaboration with other health professionals and healthcare organizations. Research shows that effective care coordination and management of transitions can save lives and improve patients' overall health care experience, especially with a challenging disease like heart failure.

The Heart Failure Program features:

- Care coordination and transition management
- Comprehensive medical tests to determine and treat the causes of heart failure
- Medication standardization and optimization
- Selective use of appropriate heart devices
- Exercise prescription and rehabilitation therapy
- Lifestyle counseling to improve nutrition and manage smoking
- Quarterly "Health Feedback" meeting with specialists to review progress and set care goals
- Collaboration with referring physicians as well as renowned heart transplant specialists and medical centers

The HealthPoint Heart Failure Program is headed by Dr. Augustine Agocha. We have offices and clinics in the Medical Arts Building at St. Joseph's Hospital.

HEART FAILURE PROGRAM HealthPoint Medical Group

3003 W. Dr. M. L. King, Jr. Blvd.
Tampa, FL 33607-6307

HOURS: Mon - Fri, 8:00 am - 5:00 pm
p. (813) 397-1251 f. (813) 321-6581

4211 Van Dyke Road, Suite 200
Lutz, FL 33558-8004

HOURS: Wednesdays - call for hours
p. (813) 264-6490 f. (813) 443-8143



Augustine Agocha, Md, PhD

Board Certified:

Cardiovascular Disease

Patient and Family Centered Care

Home Care
Clinic/Office Care
Emergency Care
Hospital Care

Our Promise of Care

Providing you the care
you need to stay well.

Giving you the
information you need
to make wise health
decisions. Assuring you
respectful, high-quality
services whenever you
visit our offices.

