



SLEEP DISORDERS CENTER OF VIRGINIA

Say Goodnight Virginia

Policies & Procedures

Infection Control

ALL Locations

Initial Procedure Date: 06/1996

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CPAP MASKS

After *each* use of a CPAP mask:

1. Wash mask in soapy water.
2. Place mask in Citraguard for 5 minutes. Set timer so mask does not remain in Citraguard for longer.
3. Rinse completely with tap water and let air dry.

TUBING

After *each* use of tubing:

1. After the CPAP mask is removed from the tubing, run the CPAP for 15 minutes or until tubing is thoroughly dry on the inside.
2. Roll up tubing and place on top of CPAP machine.

ELECTRODES

After *each* use of the cup electrodes:

1. Let cup ends of electrodes soak in warm soapy water for 10-15 minutes.
2. Clean with a toothbrush to remove extra paste left on the electrodes.
3. Soak cup end of electrodes in bleach for 5 minutes.
4. Wash in soapy water, rinse and allow to air dry.

AIRFLOW SENSORS

After *each* use of the airflow sensors

Wipe sensor with Benzalkonium Chloride towelette and let air dry.

HEATED HUMIDIFIERS

After *each* use of the heated humidifiers:

Wash canister in Citraguard and let air dry.