

## ***Restylane Injections***

### ***What is Restylane?***

Restylane is a safe and natural cosmetic dermal filler that restores volume and fullness to the skin to correct facial wrinkles and folds, such as the lines from the nose towards the mouth, and the lines from the lips to the chin (sometimes called nasolabial folds, or "laugh lines" and "marionette lines"). Restylane is also very popular for lip augmentation. Products like Restylane have virtually replaced collagen injections, especially those products derived from cowhide. No allergy testing is required prior to receiving injections. Restylane can also be used for minor skin divots and an attempt can be made to improve facial asymmetries, which many of us have.

### ***How does it work?***

Restylane is a crystal-clear gel of hyaluronic acid. The product is not derived from animals and is manufactured by a biotechnology process. Hyaluronic acid is a normal constituent of many body tissues, including skin, joint fluid, and parts of the eye. Hyaluronic acid draws the body's own moisture into the areas where it is placed, creating a pleasant cosmetic correction and filling of lines and wrinkles. It is most commonly used in the lower face and lips (whereas Botox® injections are more commonly used for upper face lines and wrinkles).

### ***How long does Restylane last?***

Restylane is proven to deliver long-lasting results. Studies have shown that Restylane effects generally last for 4-6 months. The unique properties of Restylane helps maintain the cosmetic effect until the injected material is nearly gone. We do find that clients who maintain regular injections at 4-6 month intervals can often derive cosmetic benefits lasting 6-12 months after 2-3 Restylane injections to the same area.

### ***Where can Restylane be used?***

Restylane has been used in more than 3 million treatments in over 70 countries to correct a variety of wrinkles and enhance the appearance of the lip border. It is currently approved by the US Food & Drug Administration for the treatment of facial wrinkles and folds and most commonly is used in the lower half of the face. Wrinkles on the upper portion of the face can be treated with Restylane but it is Dr. O'Brien's opinion that Botox® injections are more effective in that area.

### ***What can I expect from the treatment?***

Restylane is injected directly into the skin in tiny amounts with an ultrafine needle, resulting in some discomfort. Results are instantaneous, and Dr. O'Brien often shows you the results as the injections progress, using a hand-held mirror. The injections typically take 30-45 minutes, and to optimize your comfort, a local anesthetic to numb the treatment area may be recommended. Stinging and minor bleeding at the injection site is common. There is likely to be a slight flush that sometimes bruises for a few days. Avoiding St. John's Wort, high doses of vitamin E, aspirin, and other nonsteroidal anti-inflammatory medications such as ibuprofen can reduce these side-effects. There is typically some swelling to the injected tissues which can last 1-3 days. Makeup can be used immediately after the injections.

### ***How often can I have Restylane injections?***

The cosmetic effects typically last 4-6 months. Those effects can last longer with subsequent "touchup" treatments. And, if the cosmetic effect isn't as great as you desire, a touchup injection can be made as early as 2 weeks after the first injection.

### ***How long does it take and how much does it cost?***

Restylane is injected in a manner customized to your specific needs, so the cost will vary from patient to patient. The price of Restylane is \$575 per 1 ml syringe and \$275 per 0.4 ml syringe. Typical ranges of the amount of Restylane required are between 1 and 3 ml; small areas can be treated with as little as 0.4 ml (\$275). Therefore, cost is determined by the quantity of the product required to achieve your desired results. Dr. O'Brien will discuss your expectations and answer additional questions at your consultation appointment. *Prices are subject to change without notice.*

**Call today for an expert, FREE CONSULTATION : 970-945-8503.**