MID HUDSON
MEDICAL GROUP

Key Phone Numbers

Accounts Payable	231-5487
Billing/Patient Assistance	231-5560
Executive Suite	231-5503
Human Resources	231-5480
Medical Records/Requests	231-5525
Purchasing	231-5585

For Directions To	
600 Westage Drive, Fishkill	231-5562
10 Cranberry Drive, Hopewell Junction	231-5562
135 Clove Branch Road, Hopewell Junction	790-8955
30 Columbia Street, Poughkeepsie	231-5562
664 Stoneleigh Avenue, Carmel-OB/GYN	790-8922
670 Stoneleigh Avenue, Carmel-UROLOGY	790-8952
192 Adams Street, Bedford	790-8933
2400 Route 9, Livingston	592-7623
50 Old Farm Rd, Red Hook	592-7624
6460 Montgomery Street, Rhinebeck	592-7626
340 Washington Ave, Kingston	592-7625
22 Green Street, Poughkeepsie	790-8926
20 Milltown Road, Brewster	516-1234

Audiology

Schedule An Appointment		845-231-5650
Kelle Harrison, MS		845-231-5650

Breast Surgery

Hannah Brooks, MD	(Marcie)	845-231-5440
Sumy Chang, MD	(Tiffany)	845-516-1209

Cardiology

Schedule An Appointment		845-231-5606
Muhaddis Choudhury, MD	(Renee)	845-231-5433
Gary Nathanson, MD	(Ann)	845-231-5466
Mehreen Qureshi, MD	(Rosemary)	845-592-7596
Alandra Tobin, MD	(Rosemary)	845-231-5494

Dermatology

Schedule An Appointment		845-231-5606
Jeffrey Kezis, MD	(Kat)	845-592-7750

Endocrinology

Schedule An Appointment		845-231-5698
Meryl Reichman, MD	(Jessica)	845-231-5698
Delia Stefan, MD	(Damaris)	845-592-7589

ENT/ Facial Plastic Surgery /Cosmetic Services

Schedule An Appointment		845-231-5458
Clifford Mihail, MD	(Emily)	845-231-5458
Armon Imbriglio, RPA-C		845-231-5643

Family Practice

Liana Das, MD	(Elena)	845-758-5821
Karl Heymann, MD	(Trisha)	845-758-5821
Jean Jaeger, MD	(Lisa)	518-537-4900
Kim Seeger, MD	(Erika)	845-758-5821
James Blakney, PA	(Margaret)	518-537-4900
Kristen Szabo, RPA	(Linda)	518-537-4900

Gastroenterology

Schedule An Appointment		845-231-5606
Paul Auerbach, MD	(Shirley)	845-231-5435
Steven Helft, MD	(Jessica)	845-592-7737
Stuart Weinberger, MD	(Linda)	845-231-5447

Hematology/Oncology

Schedule An Appointment		845-231-5606
Ariel Fischer, MD	(Tammy)	845-592-7580
Jason Rubin, MD	(Tammy)	845-592-7580

Imaging

Schedule An Appointment		845-231-5680
Michael Raney, MD		845-231-5478
Ramon Tenreiro, MD		845-231-5478

Internal Medicine

Fishkill

Schedule An Appointment		845-231-5606
Robert Epstein, MD	(Jennifer)	845-231-5453
Joseph Garvey, MD	(Belinda)	845-231-5499
Renee Levin Waldman, MD	(Vanessa)	845-231-5479
Ingrid VanHollebeke, DO	(Judy)	845-231-5633

Hopewell Junction

Schedule An Appointment		845-790-8915
Elizabeth delaTorre, MD	(Laurie)	845-231-5449
Michael Gerringer, MD	(Chris)	845-231-5475
Rona Heublum, MD	(Tiffany)	845-231-5465
Thomas Weisel, MD	(Deb)	845-231-5431

Poughkeepsie

Schedule An Appointment		845-790-8914
Carlo Diminico, MD	(Janine)	845-231-5607
Steven Jacobs, DO	(Dana)	845-231-5497
Yazholi Kanikkannan, MD	(Lisa)	845-231-5430
Amelia Martinko, MD	(Diane)	845-231-5485
Kristina Otero, DO	(Rena)	845-231-5446

Putnam

Bernadette Tillmon, MD	(Shannon)	845-790-8896

Neurology

Schedule An Appointment		845-231-5606
Shaheda Azher, MD		845-231-5519
Ashlesh Dani, MD	(Kim)	845-231-5439
Allen Gerber, MD	(Christina)	845-231-5521
Sol Mora, MD	(Derryll)	845-231-5547
Catherine Schevon, MD		845-231-5539

1/24/2011

OB/GYN Dutchess		
Schedule An Appointment		845-231-5645
Mridasim Aguwa, MD	(Paulette)	845-231-5675
Rupinder Bhangoo, MD	(Cindy)	845-231-5557
David Menges, DO	(Maria)	845-592-7594
Lance Murphy, MD	(Jackie)	845-231-5648
Daniel Perkes, MD	(Nyre)	845-231-5658
Susan Weisel, MD	(Lynitha)	845-231-5667
Cathleen Quaglietta, NP		845-231-5432
OB/GYN Putnam		
Schedule An Appointment		845-230-1331
Katie Burgess, MD	(Nancy)	845-230-1323
Michelle Caban, MD	(Sandi)	845-592-7572
Susan Vosko, MD	(Rena)	845-230-1337
Lani Pincus, CNM		845-230-1328
Linda Stocker, CNM		845-230-1324
OB/GYN Rhinebeck		
Schedule An Appointment		845-876-0494
Christine Beer, MD	(Peggy)	845-876-0494
Amy Novatt, MD	(Hope)	845-592-7752
Maureen Terranova, MD	(Shelly)	845-876-0494
Alicia Beardsley, RPA		845-876-0494
Helen Crisman-Janssen, CNM		845-876-0494
Lori MacIssac, RPA		845-876-0494
Margi Reither, CNM	(Sarah)	845-876-0494
Barbara Smith-Foy, CNM		845-876-0494

Ophthalmology		
Lawrence Fox, MD	(Karin)	845-592-7728
Hugh Sauer, MD	(Resea)	845-592-7728
David Witzel, MD	(Linda)	845-592-7728

Orthopedics		
Schedule An Appointment		845-231-5653
Alan Gotesman, MD	(Kat)	845-592-7750
Spyros Panos, MD	(Frances)	845-231-5437
David Stamer, MD	(Michelle)	845-592-7574

Pediatrics		
Schedule An Appointment		845-231-5577
Sharon Britos-Neves, MD		845-516-1230
Diane Cicatello, MD	(Debra Lee)	845-592-7764
Ingrid Dodard, MD	(Jessica)	845-231-5477
Annabell Garcia, MD	(Jill)	845-231- 5541
Ann Nunez, MD	(Emma)	845-231-5473
Rodrigo Penalosa, MD	(Kenys)	845-231-5457
Jack Sobrin, DO	(Denise)	845-231-5441
Oscar Weiss, MD	(Denise)	845-231-5631
Physical Therapy		
Schedule An Appointment		845-223-7438
Melvin M. Cave, MSPT		845-223-7438
Patricia R. Cave, MSPT		845-223-7438
Podiatry		
Schedule An Appointment		845-231-5493
Robert Parajon, DPM	(Carmela)	845-231-5493
Pulmonology		
Schedule An Appointment		845-231-5606
Andrew Needelman, MD	(Julie)	845-231-5442

Surgery		
Ruben Delgado, MD		845-231-5452

Urology		
Fishkill		
Schedule An Appointment		845-230-1331
Putnam		845-279-1100
Schedule An Appointment		845-790-8937
Daniel Lehman, MD	(Clare)	845-231-5641
Jay Motola, MD	(Shanna)	845-790-8935
Urgent Care		
Kay Cynamon, MD	(Fishkill)	845-790-8948
LeRoy Phillips, MD	(Poughkeepsie)	845-790-8948
Cezar Sembrano, MD	(Poughkeepsie)	845-790-8948
Tom McKibbin-Vaughn, RPA-C	(Poughkeepsie)	845-790-8948
Deb Scannell, RPA-C	(Fishkill)	845-231-5540

Brewster – 20 Milltown Road, Brewster, NY 10509

From the North: Route 22 South to Milltown Road (Traffic light) Across from Mahopac National Bank.Turn left onto Milltown Road, office is 1st building on the right in the Millbrooke Office Center, Suite 206

From the South: I 684 North turns into Route 22 North (Pawling) Turn right 1st traffic light onto Milltown Road across from Mahopac National Bank, office is 1st building on the right in the Millbrooke Office Center, Suite 206

From the East: I 84 West to Exit 20 White Plains / Brewster, bear right towards Pawling, Route 22 North. Turn right 1st traffic light onto Milltown Road, across from Mahopac National Bank, office is 1st building on the right in the Millbrooke Office Center, Suite 206

From the West: I 84 East to Exit 20 North, Brewster / Pawling, turns into Route 22 North. Turn right 1st traffic light onto Milltown Road, across from Mahopac National Bank, office, is 1st building on the right in the Millbrooke Office Center, Suite 206

Fishkill 600 Westage Drive, Fishkill, NY 12524

Directions from Danbury area: Take I-84 West to Exit 13 North (Route 9) and veer to right off exit. Get into the left lane immediately. Do not take 1st left (freeway entrance). Take 2nd left (Westage Drive). There is a sign on the brick entrance, but no road sign. Go one block to end to green sculpture. (Behind the green sculpture across the lake is the Mid Hudson Medical Group building.) Turn left there and circle around to right. Take a right at the next stop sign. (There will be MHMG signs along the road). Go 1/4 mile around lake. The building is directly in front of you. Parking with an additional side entrance is on the left.

Directions from Newburgh/ I-87 Thruway: Take I-84 East to Exit 13 North (Route 9). At the bottom of the ramp turn left. Stay towards the left. Do not take 1st left (freeway entrance). Take 2nd left (Westage Drive). There is a sign on the brick entrance, but no road sign. Go one block to end to green sculpture. (Behind the green sculpture across the lake is the Mid Hudson Medical Group building.) Turn left there and circle around to right. Take a right at the next stop sign. (There will be MHMG signs along the road). Go 1/4 mile around lake. The building is directly in front of you. Parking with an additional side entrance is on the left.

Directions from the North: Take Route 9 South. Turn Right at the stoplight onto Westage Drive (this is the 3rd stop light from the Route 52 intersection). There is a sign on the brick entrance, but no road sign. Go one block to end to green sculpture. (Behind the green sculpture across the lake is the Mid Hudson Medical Group building.) Turn left there and circle around to right. Take a right at the next stop sign. (There will be MHMG signs along the road). Go 1/4 mile around lake. The building is directly in front of you. Parking with an additional side entrance is on the left. From Route 9 South of I-84: Take Route 9 North. Turn left at the stoplight onto Westage Drive. There is a sign on the brick entrance, but no road sign. Go one block to end to green sculpture. (Behind the green sculpture across the lake is the Mid Hudson Medical Group building.) Turn left there and circle around to right. Take a right at the next stop sign. (There will be MHMG signs along the road). Go 1/4 mile around lake. The building is directly in front of you. Parking with an additional side entrance is on the left.

Hopewell Junction 10 Cranberry Drive, Hopewell Junction, NY 12533

Directions from Fishkill: Take Route 52 through Fishkill into Brinkerhoff. After passing Season's Restaurant on your left or Blue Seal Seed and Feed on your right, there will be a fork in the road; make a LEFT at the fork and continue on Route 82, into Hopewell Junction. Stay on Route 82 through Hopewell Junction and continue 4 miles outside of the Village of Hopewell. Cranberry Drive is on the LEFT just before you come to the Taconic Parkway. Parking is available in the front of the building.

Directions from the Taconic Parkway: Take the Taconic parkway to the exit for Route 82, South. Our facility is located west of the Taconic Parkway. Cranberry Drive is the first right after exiting the Taconic Parkway. Parking is available in the front of the building.

Hopewell Junction 135 Clove Branch Road, Hopewell Junction, NY 12533 Physical Therapy Only

Directions from Fishkill: Take Route 52 through Fishkill into Brinkerhoff. After passing Season's Restaurant on your left or Blue Seal Seed and Feed on your right, there will be a fork in the road; make a LEFT at the fork and continue on Route 82, into Hopewell Junction. Stay on Route 82 through Hopewell Junction until you've reached Clove Branch Road there is a Gas Station on the left, make right onto Clove Branch Road and parking lot is directly on the right.

Directions from the Taconic Parkway: Take the Taconic parkway North or South to the exit for Route 82, South. Follow 82, South to Clove Branch Road there is a gas station on right, make a left onto Clove Branch Road, parking lot is directly on the right.

Katonah/Bedford 192 Adams Street, Bedford Hills, NY 10507 OB Only

From 684 traveling South: Take 684 South to Exit 5 (Saw Mill Parkway South). Take the next immediate right exit off the Saw Mill, Exit 43 RTE 117 Bedford. You will bear slightly right over the overpass of the Saw Mill and continue for less then a ¼ mile. The office is located on the right in the Northern Westchester Plaza. We are located next to the Infant Care Center and the veterinarian's office.

From Saw Mill River Parkway traveling North: Take Saw Mill River Parkway North to Exit 42. At the stop sign make a left onto Railroad Ave. At the following stop sign you will make a Right on Harris Road, traveling up the hill to the traffic light. Make a Left at the traffic light onto Rte 117 Bypass Road. The office is located on your left about a 3/10th's of a mile down in the Northern Westchester Plaza. We are located next to the Infant Care Center and the veterinarian's office.

Kingston – 340 Washington Avenue, Kingston, New York 12401

Directions from I-84 West: Take exit 7S to merge onto NY 300 S/Union Avenue towards thruway/I-87 Merge onto I-87 North via the ramp to Albany Take exit 19(Kingston/Rhinecliff Bridge) continue straight at the traffic circle take the second exit onto Washington Avenue. Destination will be on the left.

Directions from Route 9: Take Route 9N to the Mid Hudson Bridge. Cross the Bridge take 9W North towards Kingston. Make a left at Route 299 W Travel for approximately 5 miles. Turn left onto I-87 N via the ramp to Albany Take exit 19 (Kingston/Rhinecliff Bridge) continue straight at the traffic circle take the second exit onto Washington Avenue, Destination on the left.

Livingston – 2400 Route 9, Livingston, New York 12534

Directions from Route 9: Take US-9 N Continue straight onto Mill St Continue onto Montgomery St Continue onto Spring Brook Ave/US-9 N Continue to follow US-9 N 2400 Route 9 is on the right.

Poughkeepsie - 30 Columbia Street, Poughkeepsie, New York 12601

Directions from Route 9: Take Route 9 North approximately 12 miles to the Columbia Street/Rinaldi Blvd exit. Take the exit on the right and follow to the stop sign at the top of the hill. Turn left onto Columbia Street and proceed across the overpass to the stop sign. Turn right onto Pine Street Spur and follow to the bottom of the hill and make a second right. Follow to building on right.

Poughkeepsie - 22 Green Street, Poughkeepsie, New York 12601

Directions from Route 9: Take Route 9 North into Poughkeepsie. Across from the south entrance at Marist College turn right at traffic light to St. Francis Hospital/Washington Street. Turn right onto Washington Street and proceed ¼ mile. At traffic light turn left onto Clark Street. Proceed ¼ mile and turn right onto Green Street. Building is on the left

Putnam Our Putnam office is located directly on the grounds of the Putnam Hospital Center in Carmel New York.

OB/GYN -	**664 Stoneleigh Avenue, Suite 201, Carmel, New York 10512**
ORTHOPEDICS	**20 Milltown Road, Brewster, NY 10509**
UROLOGY/INTERNAL MEDICINE -	**664 Stoneleigh Avenue, Suite 204, Carmel, New York 10512**

Directions from I-84: Get off Exit 19 (Carmel). At end of ramp, turn right onto Route 312 and drive a little over a mile to the light. At light, turn right onto Route 6 and drive approximately 1-1/2 miles to third light. Turn left at light onto Stoneleigh Avenue and hospital is 2 miles up on the left. When you enter the grounds you can proceed directly to the hospital center.

OB/GYN – Take elevators at valet parking entrance to the 2nd floor. Make a right off the elevators and the door will be at the end of the hall
ORTHOPEDICS – Take elevators at valet parking entrance to the 3rd floor. Make a left and the reception area will be directly ahead
UROLOGY – Take elevators at valet parking entrance to the second floor. Make a right off the elevators and look for signs for Drs Lehman and Motola

Directions from I-684: Get off at Exit 8 (Hardscrabble Road/Croton Falls). At end of ramp, follow directions to Croton Falls and drive a little over 1 mile, going through the town of Croton Falls to sign indicating Brewster straight ahead/Lake Mahopac left. Turn left and go .1 miles to light. At light, turn right onto Route 100/202 and go .1 mile. Turn left onto Stoneleigh Avenue and go approximately 2-1/2 miles and hospital is on the right. When you enter the grounds you can proceed directly to the hospital center.

Red Hook – 50 Old Farm Road, Red Hook, NY 12571

Directions from Route 9: Take Route 9 North continue straight onto Mill Street Continue onto Montgomery Street Continue onto Spring Brook Ave/US-9 N Continue to follow US-9 N Turn left at Old Farm Rd, 50 Old Farm Road will be on the right

Rhinebeck - 64 60 Montgomery Street, Rhinebeck, New York 12572 OB Only

Directions from Route 9**:** Take Route 9 North and continue straight onto Mill Street. Continue on Montgomery Street. Pass the light at the intersection for Beekman Arms. The office is approximately ¼ mile on the right

Sharon Ct. – 101 Gay Street, Sharon, Ct 06069

Take Rt. 44 towards Millbrook. Turn left on Route 44A (becomes Route 44). Stay straight to go onto Route 343 (E. Main St.) Continue to follow Route 343 just over the Connecticut border. Turn left onto Route 41 which is also Route 41. Route 41/Main Street turns into Gay Street, 101 Gay Street is on the right.