For Immediate Release
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NEW WEST PHYSICIANS ADDS DR. ERNEST CASTRO
TO DENVER WEST FAMILY PRACTICE

GOLDEN, Colo., Jan. 23, 2008 – New West Physicians, a primary care physicians’ group serving the
Front Range, has added Ernest Castro, M.D., to its Denver West Family Practice located at 1707 Cole
Blvd., Ste. 150, in Golden. He joins Drs. Duane Claassen, Christine Connolly, Paul Forward and Eric
Rydberg in providing high-quality care at the practice.

At Denver West Family Practice, Dr. Castro will see patients of all ages and work with them to create
long-term healthy lifestyles. He particularly enjoys working with individual patients to manage their
weight. Dr. Castro practices a full spectrum of family medicine and obstetrics, including delivering babies,
and can perform colonoscopies and upper endoscopies. Dr. Castro earned a bachelor’s degree from the
University of Northern Colorado in Greeley and obtained his medical degree at the University of
Colorado Health Sciences Center in Denver. He completed his residency at North Colorado Medical
Center in Greeley and is certified by the American Board of Family Medicine. Dr. Castro is a member of
the Colorado Medical Society and the American Academy of Family Physicians. Outside the office, Dr.
Castro enjoys sports, mountain biking and spending time with his family.

“New West Physicians is very pleased to add Dr. Castro to our Denver West Family Practice team,” said
Ruth Benton, New West Physicians’ CEO. “He is passionate about serving his patients and supporting
New West’s ongoing efforts to provide high-quality preventive care to our patients and communities.”

For more information about New West’s Denver West Family Practice or to make an appointment, please
call 303-233-8295 or visit www.nwphysicians.com.

About New West Physicians
New West Physicians is a primary care physician group and medical management company serving more
than 250,000 patients at 13 Denver-area offices. New West’s internal medicine and family medicine
professionals strive to be our patients’ medical home, coordinating care and working with each person
and family to help create and maintain long-term healthy lifestyles. New West regularly conducts its own
internal research to ensure consistent delivery of high-quality care reflecting the best and most current
medical research. For additional information and office locations, please visit www.nwphysicians.com.

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