

# SPACE COAST CANCER CENTERS NEWSLETTER

In Collaboration with Space Coast Medical Associates Foundation

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## Hope Health Healing Seminars

<b><u>Jan. 21</u></b>	<b>Eduardo Sotomayor, MD</b>	<b>Public</b>	<b>4-5:00 PM</b>
<b>Non-Hodgkin's</b>	<b>JP Ibarz, MD</b>		
<b>Lymphoma</b>	<b>Moffitt Cancer Center</b>	<b>Physicians</b>	<b>6:30-8PM (Dinner)</b>

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## Special Events

**Holiday Party December 8, 2008 at 4PM** for members of all support groups and their families. Also invited to attend are the Daffodil Society volunteers who have been such a great support for us this year, Barbara Borman who provided Care-giver classes, and Dr. Daly and his staff who presented the informative series on Superfoods. All may bring a special food or dessert to share, and we will supply the turkey!

## Coming in January

**Classes on Bereavement**, for caregivers and families, presented by Bereavement Services Coordinator, VITAS Hospice.

**Superfoods II**, for all interested patients and caregivers, presented by Daly Chiropractic

## Support Groups

<b><u>Positive Attitudes</u></b>	<b>Every second Mon.</b>	<b>4-5:30</b>	<b><u>Next Meeting</u></b>	<b>January 12</b>
<b><u>Men's Health</u></b>	<b>Every second Tues.</b>	<b>5:30-7</b>	<b><u>Next Meeting</u></b>	<b>January 13</b>
<b><u>Multiple Myeloma</u></b>	<b>Every second Thurs.</b>	<b>5:30-7</b>	<b><u>Next Meeting</u></b>	<b>January 8</b>

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## Did You Know?

Folate, vitamin B6 and vitamin B12 are thought to play an important role in cancer prevention. During a study conducted from April, 1998 through July, 2005, however, it was found that combined folic acid, vitamin B6 and vitamin B12 treatment had no significant effect on overall risk of total invasive cancer or breast cancer among women. *JAMA*. 2008;300(17):2012-2021

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For information about our programs and services, call Patient Advocate, Barbara, 268-4200, Extension 3500

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