

Your Appointment

To schedule an appointment, please contact the clinic below that most conveniently meets your needs.

Physical Therapy

Summit Therapy Eagan

2640 Eagan Woods Drive, Suite 120
Eagan, MN 55121
Phone (651) 767-1740 Fax (651) 767-3031

Summit Therapy Maplewood

Hazelwood on Beam Professional Building
1560 Beam Avenue, Suite D
Maplewood, MN 55109
Phone (651) 767-1740 Fax (651) 770-6787

Summit Therapy Midway

Minnesota Occupational Health Building
1661 St. Anthony Avenue, First Floor
St. Paul, MN 55104
Phone (651) 767-1740 Fax (651) 842-5272

Summit Therapy Woodbury

8360 City Centre Drive, Suite 110
Woodbury, MN 55125
Phone (651) 767-1740 Fax (651) 739-0672

Hand Therapy

Summit Therapy Downtown St. Paul

Ritchie Medical Building
310 North Smith Avenue, Suite 130
St. Paul, MN 55102
Phone (651) 767-3550 Fax (651) 767-3555

Summit Therapy Maplewood

Hazelwood on Beam Professional Building
1560 Beam Avenue, Suite D
Maplewood, MN 55109
Phone (651) 767-1756 Fax (651) 770-6787

Summit Therapy Vadnais Heights

3555 Willow Lake Boulevard, Suite 260
Vadnais Heights, MN 55110
Phone (651) 767-3570 Fax (651) 767-3566

Summit Therapy Woodwinds

1875 Woodwinds Drive, Suite 250
Woodbury, MN 55125
Phone (651) 767-3040 Fax (651) 767-1728



Experience the highest level of care.



Our services help you return to an active lifestyle.

Summit Physical Therapy provides high quality and cost-effective physical therapy and hand therapy services for orthopedic and musculoskeletal disorders at five convenient locations.

Our therapy clinics are staffed with licensed physical therapists, licensed occupational therapists and certified hand therapists skilled in assessing each patient's individual needs. We also have certified athletic trainers knowledgeable in the prevention, evaluation and management of sports injuries.

We meet our patients' rehabilitation needs through patient education, clinical treatment and self-managed home exercise programs.

The therapists at Summit encourage our patients to actively participate in the rehabilitation process. An individual treatment plan will be initiated after a thorough assessment of each patient's condition. Patients will receive instruction in self-management skills and a home exercise program. Our goal is to restore function and return our patients to an active lifestyle within a safe, appropriate time frame.



**SUMMIT
THERAPY**

Conditions our therapists treat include:

- Total joint replacements
- Arthritis
- Fractures
- Dislocations
- Sprains
- Nerve injuries and repairs
- Tendonitis
- Tendon and ligament repairs
- Joint contractures
- Chronic Pain

Services provided by our therapists include:

- Therapeutic exercise
- Manual therapy
- Custom splinting
- Sports injury rehabilitation
- Pre and post-operative rehabilitation
- Work injury rehabilitation
- Gait training
- Myofascial therapy
- McConnell and Kinesiotaping
- Modalities including:
 - STS
 - Ultrasound
 - Iontophoresis
 - Electrical stimulation
 - Biofeedback