

# ADULT PATIENT HISTORY

Todays Date \_\_\_\_\_

NAME \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Date of Birth \_\_\_\_\_

**Marital Status:** Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_ Single \_\_\_\_\_

**Education:** Years completed 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19+

**Occupation:** \_\_\_\_\_

**FAMILY HISTORY:** For each member of your family, follow the grey or white lines across the page and check the boxes for:  
1. Their present state of health 2. Any illnesses they have had

(Note except for spouse, Family refers to blood or natural relatives.)

PRINT NAMES BELOW

	<i>Good Health</i>	<i>Poor Health</i>	<i>Deceased</i>		<i>Allergies or asthma</i>	<i>Anemia</i>	<i>Blood clotting problems</i>	<i>Diabetes</i>	<i>Cancer or tumor</i>	<i>Epilepsy</i>	<i>Glaucoma</i>	<i>Genetic disease</i>	<i>Alcoholism</i>	<i>Kidney or bladder trouble</i>	<i>Stomach/duodenal trouble</i>	<i>Nervous breakdown</i>	<i>Rheumatism or arthritis</i>	<i>High blood pressure</i>	<i>Heart trouble</i>	<i>Gout</i>
Father				Write in age and cause of death. Include fatal accidents and suicides.																
Mother																				
Brothers/Sisters:																				
Spouse:																				
Child:																				
Child:																				
Child:																				
Child:																				
Paternal relatives (in each box, write how many affected with) →																				
Maternal relatives (in each box, write how many affected with) →																				

**Patient Medical History:** Please put a check mark if you have had any of the following: (Leave blank if uncertain.)

Abnormal Pap Smear _____	Cancer _____	HIV + or AIDS _____	Psychological Disorder _____
Allergies / Hay Fever _____	Chicken Pox _____	Hives or Eczema _____	Rheumatic Fever _____
Anemia / Blood Disorder _____	Diabetes _____	Infectious Mono _____	Stroke _____
Arthritis or Gout _____	Epilepsy _____	Kidney Disease _____	Surgery _____
Asthma _____	Glaucoma _____	Migraine Headaches _____	Thyroid Disease _____
Back trouble _____	Heart Disease _____	Mitral Valve Prolapse _____	Tuberculosis _____
Bladder Infections _____	Hemorrhoids _____	Osteoporosis _____	Ulcer _____
Blood/Plasma Transfusion _____	Hepatitis _____	Pneumonia _____	Venereal Disease _____
Bronchitis _____	High/Low Blood Pressure _____	Prostate Disease _____	

Any Other Disease (please list): \_\_\_\_\_

I have reviewed this list and have NONE of the above. \_\_\_\_\_

**Social History:**

**Alcohol Use:** \_\_\_ No \_\_\_ Yes How much per week? \_\_\_\_\_

**Smoking:** \_\_\_ Never \_\_\_ Yes \_\_\_ Quit (what year?) \_\_\_\_\_  
Age started? \_\_\_\_\_ Packs per day \_\_\_\_\_

**Illegal Drug Use:** \_\_\_ No \_\_\_ Yes Type and Frequency: \_\_\_\_\_

**Caffeine:** \_\_\_ No \_\_\_ Yes How Much/Day? \_\_\_\_\_

**Exercise:** \_\_\_ No \_\_\_ Yes How Much/Week? \_\_\_\_\_

Do you use supplements / herbal medicines? \_\_\_ Yes \_\_\_ No If yes, what types? \_\_\_\_\_

Do you have a living will or other advance directives? \_\_\_ Yes \_\_\_ No

Do we have a copy? \_\_\_ Yes \_\_\_ No

Do you want information on these advance directives? \_\_\_ Yes \_\_\_ No Pamphlet given \_\_\_\_\_

Initials/date \_\_\_\_\_